

foodinschools

Healthier Breakfast Clubs

Pupil Questionnaire

The aim of this questionnaire is to find out whether you like a school breakfast club.

1. Do you usually eat breakfast at home?

yes no sometimes

2. What types of food do you eat for breakfast? (tick all that apply)

breakfast cereal toast porridge fruit yogurt
 juice hot drink bacon egg muffin
 other: _____

3. How do you come to school?

walk bus car bike other: _____

4. What time in the morning should the club open? _____

5. What else do you think is important for a good breakfast club? (tick all that apply)

play games talk to friends do homework
 talk to teachers read listen to music
 other: _____

6. What type of food would you like the breakfast club to offer?

breakfast cereal toast porridge fruit yogurt
 juice hot drink bacon egg muffin
 other: _____

7. Do you have any bright ideas to make our breakfast club a 'winner'?

Thank you for taking part. Please give this questionnaire back to your teacher.