



	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Main Meal</b>	Farm assured Jerk chicken thighs With sweet chilli sauce	Breaded katsu farm Assured turkey Escalope	Red tractor Beef Ragu with peppers, olives basil	Slow cooked lamb meatballs with onions and chillies	Battered Haddock Slow cooked farm assured Beef hot pot
<b>Main Meal Vegetarian</b>	Organic Butternut Squash, spinach and peanut casserole	Sweet chilli grilled vegetables with cashew nuts	Artichoke Risotto With mushrooms, pecorino and truffle	Roasted autumnal Vegetable and bean burrito	Organic farmhouse cauliflower cheese with mushrooms and sage
<b>Healthy Option</b>	Roasted Vegetable Tagine with apricots and coriander	White miso with basil infused tofu and udon noodles vegetables and veggie dim sum	Cannelloni Verdi with Provençal vegetables and ricotta	Caramelised red onion and chick pea egg tortilla with piquillo peppers	Baked Salmon and dill fishcake with poached egg and hollandaise
<b>Sides</b>	Coconut Rice and beans Almond cous cous Cajun slaw Buttered corn Mixed leaf salad	Seasoned rice rice noodles and sesame Mixed wild leaves Asian style salad Of shoots Baby corn and chilli	Pesto Dressed fusilli tapenade green beans Roasted carrots Vegetable salad Garlic bread with mozzarella	Paprika potatoes Tender stem broccoli Rice, sweet corn and coriander seasonal garden salad	Chip shop chips Mushy peas Rainbow salad Bubble and squeak Panache of seasonal vegetables Tartare sauce and pickles