



	Monday	Tuesday	Wednesday	Thursday	Friday
Soup	<h1>See Daily Menu.....</h1>				
Main offer	Farm assured beef lasagne Spinach and ricotta cannelloni Garlic bread	Farm assured pork and apple sausages Veggie sausage roll Roasted carrots	Lamb moussaka Aubergine pastichio Saute pots Green beans	Chicken tikka with peppers Cauliflower and spinach Balti Pilau rice	Battered msc cod fillet Chicken and mushroom Leek smoked cheddar pie chip shop chips Mushy peas
Grab and go offer	Jerk chicken thighs rice and ps Sides coleslaw Wedges roasted corn cobs	Beef albondigas Aubergine ragu Spaghetti and parmesan Garlic bread	Chicken katsu Breaded tofu and wasabi Jasmine rice. crisp salad	Farm assured Beef burger Veggie burger Onion rings Seasoned fries	Chilli beef nachos Veggie tacos Chicken fajitas Salsa, sour cream Crisp salads
Hot market sandwich	Pulled pork Spicy tofu tortilla wrap Peppers onions and salad	Cajun chicken, Roasted peppers and mozzarella bacon and avocado With ciabatta	Roast beef and crispy onions Horseradish and organic baguette	Bahn mi pork sandwich with crispy veg and chilli fries	Roasted salami and pesto with buffalo mozzarella on focachia
Deli specials	Msc Salmon niscoise Aged feta and balsamic onion Chicken caesar	Coriander prawns And mango Goats cheese and beetroots Cherry tomatoes and mozzarella	Hot smoked trout Grilled artichoke and sumac haloumi Cajun chicken	Piri piri pork shoulder Grilled fennel and Manchego Crispy whitebaits	Grilled steak and blue cheese Aubergine and passata Falafel and humus