

# Monday Lunch



## HANDMADE FRESH SOUP OF THE DAY

<b>Fish Chowder</b> (Wheat/Gluten/Milk/Fish/Celery) <b>Leek &amp; Potato</b> (VE/Celery) <i>Served with Crusty Bread (GL)</i>	<b>£1.80</b>
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## TRADITIONAL CHOICE – INCLUDING 2 SIDES

<b>Farm Assured Thai Red Chicken Curry</b> with Peppers & Shoots (HA/Mustard/Milk)	<b>£5.50</b>
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## VEGETARIAN CHOICE – INCLUDING 2 SIDES

<b>Grilled Vegetable Satay</b> with Coconut & Peanuts (VE/Peanuts/Mustard)	<b>£5.50</b>
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## HEALTHY OPTION

<b>Basil Infused Organic Tofu</b> with Hot & Sour Broth, Rice Noodles & Veggie Dim Sum (VE/Soya/Sesame/Mustard/Celery)	<b>£5.50</b>
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## SIDES

<b>Jasmine Rice</b> (VE/Soya/Sesame) <b>Roasted Bean Panache with Chilli</b> (VE) <b>Coriander Baby Corn</b> (VE) <b>Asian Style Crisp Salad with Sesame</b> (VE/Sesame/Soya)	<b>£1.22</b>
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## JACKET POTATO FILLING

<b>Turkey &amp; Vegetable Fricassee</b> (HA/Wheat/Gluten/Milk) Or <b>Bean &amp; Vegetable Casserole</b> (VE/Celery)	<b>£3.56</b>
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**SA=Soil Association**

**MSC= Marine Stewardship Council**

**FA=Farm Assured**

**MB=Made in Britain**

**RA=Rainforest Alliance**

☺ = Healthy Option

V = Vegetarian

VE = Vegan

HA = Halal

WH = Contains Wheat

DA = Contains Dairy

GL = Contains Gluten

NUTS = Contains Nuts

