Friday Lunch













HANDMADE FRESH SOUP OF THE DAY	
Creamy Parsnip & Kale (V/Milk/Celery) Spinach & Vegetable (VE/Celery) Served with Crusty Bread (GL)	£1.80
TRADITIONAL CHOICE – INCLUDING 2 SIDES	
Battered MSC Haddock (Fish/Wheat/Gluten/MSC) Or Savoury Minced Lamb Pie (HA/Milk/Wheat/Gluten/FA/Celery/Egg)	£5.50
VEGETARIAN CHOICE – INCLUDING 2 SIDES	
Butternut Squash & Pinto Bean Hot Pot with Rosemary & Cumin (V/Milk/Celery)	£5.50
HEALTHY OPTION – INCLUDING 2 SIDES	
Fisherman's Pie with Salmon & Hake, Topped with Mash Potatoes & Quark (Milk/Wheat/Gluten/Fish)	£5.50
SIDES	
Chip Shop Chips (VE) Crushed New Potatoes with Parsley (V/Milk) Mushy Peas (VE) Roasted Baby Vegetables (VE) Crisp Mixed Leaves (VE)	£1.22
JACKET POTATO FILLING	
Beef Balti (HA/FA/Mustard) Or Sweet Chilli Vegetables (VE/Celery)	£3.56
SA=Soil Association MSC= Marine Stewardship Council FA=Farm Assured MB=Made in Britain RA=Rainforest Association © = Healthy Option WH = Contains Wheat V = Vegetarian DA = Contains Gluten NUTS = Contains Nuts	