



# Thursday Lunch Menu

## HANDMADE FRESH SOUP OF THE DAY

<b>Cauliflower &amp; Tomato</b> (VE/Celery/Sulphur Dioxide) <b>Cream of White Bean &amp; Bacon</b> (Milk) <i>Served with Crusty Bread</i> (GL)	<b>£1.90</b>
--	--------------

## MAIN OFFER- INCLUDING 2 SIDES

<b>Chicken &amp; Peppers Fricassee</b> (HA/Milk) Chicken from Waybread 112 miles from London <b>Chili Con Carne</b> (HA/Celery) Beef from Cardington, Bedford- 56 miles from London <b>Darne of Hake</b> (Milk/Fish) <b>Jacket Skins filled with Bacon and Cheese</b> (Milk)	<b>£5.77</b>
---	--------------

## VEGETARIAN OFFER - INCLUDING 2 SIDES

<b>Mushroom &amp; Vegetable Stroganoff</b> (Milk) <b>Jacket Skin filled with Smoked Tofu in Sweet Chili Sauce</b> (VE)	<b>£5.77</b>
---	--------------

## SIDES

<b>Pea Lentil Ragout</b> (VE) <b>Steamed Broccoli Panache</b> (VE) <b>Steamed Rice</b> (VE) <b>Roasted New Potato</b> (VE) <b>Sweet potato mash</b> (Milk)	<b>£1.25</b>
--	--------------

## JACKET POTATO FILLING

<b>Moroccan lamb Stew</b> (celery/sulphur Dioxide) Or <b>Baked Beans</b> (VE)	<b>£3.80</b>
---	--------------

SA - Soil Association  
 MSC - Marine Stewardship Council  
 FA - Farm Assured  
 MB - Made in Britain  
 RA - Rainforest Alliance

☺ - Healthy Option

V - Vegetarian

VE - Vegan

HA - Halal

WH - Contains Wheat

DA - Contains Dairy

GL - Contains Gluten

NUTS - Contains Nuts





# Thursday Lunch Menu

## Hot Main Sides

**Pea Lentil Ragout**

(V)

**Steamed Broccoli panache**

(V)

**Steamed Rice**

(V)

**Roasted New Potatoes**

(V)

£1.25

## Hot Main Sides





# Thursday Lunch Menu

**Chicken & Peppers Fricasee**  
(V/Milk/Wheat/Gluten)

**3 Beans salad**  
(VE/Sulphur Dioxide)

**Naan Bread**  
(VE/Wheat/Gluten)

**Tomato, Beetroot & Potato Salad**  
(VE/Mustard)

£1.25

