



Monday Lunch Menu

HANDMADE FRESH SOUP OF THE DAY

Roast Pepper & Vegetable (VE) Lentil & Watercress (VE) <i>Served with Crusty Bread (GL)</i>	£1.90
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MAIN OFFER- INCLUDING 2 SIDES

Jerk Chicken (HA) Cumberland Sausage & Mash (Sulphur Dioxide/Gluten/Milk) Baked Hake with Tomato Sauce on Crushed New Potatoes & Spring Onions (Fish/Mustard)	£5.77
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VEGETARIAN OFFER- INCLUDING 2 SIDES

Sundried Tomato & Olive Pasta Bake (V/Wheat/Gluten/Egg/Milk/Mustard)	£5.77
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SIDES

Rice & Peas (VE/Sulphur Dioxide) Corn on the Cob (VE) Coleslaw (V/Egg/Mustard) Steamed Carrots (VE)	£1.25
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JACKET POTATO FILLING

Spicy Breaded Chicken in Tomato Sauce (Wheat/Gluten/Egg) Or Baked Beans (VE)	£3.75
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SA - Soil Association
 MSC - Marine Stewardship Council
 FA - Farm Assured
 MB - Made in Britain
 RA - Rainforest Alliance

☺ - Healthy Option
 V - Vegetarian
 VE - Vegan
 HA - Halal

WH - Contains Wheat
 DA - Contains Dairy
 GL - Contains Gluten
 NUTS - Contains Nuts





Monday Lunch Menu

Hot Main Sides

Rice & Peas
(**VE**/Sulphur Dioxide)

Corn on the Cob
(**VE**)

Coleslaw
(**V**/Egg/Mustard)

Steamed Carrots
(**VE**)

£1.25





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