

Healthy Early Years London and Healthy Schools London

Transitional arrangements 2025

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What is happening in September 2025?

September 2025 sees the launch of the updated programme for [Healthy Early Years London \(HEYL\)](#) and [Healthy Schools London \(HSL\)](#) programme, which includes updated processes and tools.

The updated tools are:

- HEYL Bronze Award tool for early years settings
- HEYL Bronze Award tool for childminders
- HEYL Silver Award tool and Gold Award tool for early years settings
- HEYL Silver Award tool and Gold Award tool for childminders
- HSL Bronze Award tool
- HSL Silver Award tool and Gold Award tool

The updated process to achieve awards is the same for HEYL and HSL:

Bronze Award – Complete the Bronze Award tool, which acknowledges and celebrates that you have a high-quality approach to health and wellbeing and that it is embedded for all children and young people.

Silver Award – Complete the Silver Award tool, which evidences that you have identified a health and wellbeing priority and devised a new approach, project, practice or intervention to target the priority.

Gold Award – Complete the Gold Award tool, which recognises that you have evaluated the impact and sustained the outcomes of this new approach, project, practice or intervention.

Achieving a Bronze Award is the foundation of the HEYL and HSL programmes. To ensure this foundation is maintained and kept relevant, the Bronze Award should be renewed every three years.

Silver and Gold Awards build on this foundation and demonstrate that early years settings (settings), childminders, and schools have taken their approach to support health and wellbeing to the next level.

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Once you have achieved both the Silver and Gold Awards for one health and wellbeing priority, you can continue to strengthen your practice by starting a new Silver and then Gold Award focused on a different priority area or, revisit the same priority with a new focus or approach.

Settings, childminders and schools can achieve multiple Silver and Gold Awards to celebrate their continued development, improvement and progression.



There are HEYL and HSL guidance packs which explain this process in more detail and provide all the information you need to support you with your journey through the awards.

How do I transition to the updated programme?

The Mayor recognises the commitment and effort settings, childminders and schools have put in to gain and maintain their HEYL and HSL awards up to September 2025. It is important that previous work and efforts are not lost as the updated programmes are implemented. Therefore, a transition plan has been developed to support you to transfer over to the updated programme. What you need to do depends on the award/s you already hold.

The table below provides information to help you work out what you need to do to start or continue with HEYL or HSL from September 2025. Information provided for HEYL applies to both early years settings and childminders.

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Where can I get further support?

For support:

- Contact your HEYL or HSL Borough Lead, or
- Reach out to us: HEYL@ncb.org.uk or HSL@ncb.org.uk

You can find more information to support you on the [HEYL and HSL website](#) including:

‘How to’ videos that talk you through each of the awards

HEYL Guidance pack for Childminders

HEYL Guidance pack for Settings

HSL Guidance pack for Schools

HEYL Bronze renewal transition information document

HSL Bronze renewal transition information document

HEYL Gold Award transition pathway for Childminders

HEYL Gold Award transition pathway for Settings

HSL Gold Award transition pathway

How do I use the table?

1. Find the award you currently hold and its status in the left-hand column.
2. Follow the steps listed in the right-hand column to transition to the updated programme.

Current status

Transition action from September 2025

NB. When tools are mentioned, we are referring to the updated programme tools in use from September 2025.

HEYL and HSL:

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New to the programme	<ol style="list-style-type: none">1. Register for award: HEYL register here HSL register here2. Begin Bronze Award using the Bronze Award tool.
Bronze Award in date	Begin Silver Award using the Silver Award tool.
Bronze Award due for renewal <i>This includes any Bronze extensions granted during update period (all due for renewal from 31st December 2025)</i>	<ol style="list-style-type: none">1. Review the Bronze Award tool and update any changes. Use the Bronze renewal transition information document to support you.2. Answer questions reflecting on your progress, priorities, and next steps for health and wellbeing.3. Once Bronze is renewed, you can begin the Silver Award.
Bronze Award expired	Begin Bronze Award using the Bronze Award tool. Use the Bronze renewal transition information document to support you.

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HEYL only:

Silver Award in date, want to progress to Gold Award

This includes any Silver Awards that are due for renewal and where renewal requirements were removed as part of the Sept 2024 updates.

1. Ensure Bronze Award is in-date and renew if needed.
2. Start Gold Award using the HEYL Gold Award transition pathway.

The transition pathway combines both stages of the updated Silver and Gold Awards into a single process, recognising that you already hold a valid Silver Award from the previous programme.

Silver Award expired

1. Ensure Bronze Award is in-date and renew if needed.
2. Start Silver Award using the Silver Award tool.

Gold Award in date

This includes any Gold Awards that are due for renewal and where renewal requirements were removed as part of the Sept 2024 updates.

1. Ensure Bronze Award is in-date and renew if needed.
2. Start a new Silver Award using the Silver Award tool.

Gold Award expired

1. Ensure Bronze Award is in-date and renew if needed.
2. Start a new Silver Award using the Silver Award tool.

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HSL only:

Hold Silver Award (but not progressed to Gold)	<ol style="list-style-type: none">1. Ensure Bronze Award is in-date and renew if needed.2. Start Gold Award using the Gold Award tool to evaluate the impact of your Silver action plan and implementation.
Hold Silver Award that was achieved a significant time ago. <i>This includes schools with a Silver Award where so much time has passed that it would be difficult to assess their initiative for a Gold Award.</i>	<ol style="list-style-type: none">1. Ensure Bronze Award is in-date and renew if needed.2. Start Gold Award using the HSL Gold Award transition pathway. <p>The transition pathway combines both stages of the updated Silver and Gold Awards into a single process, recognising that you already hold a valid Silver Award from the previous programme.</p>
Hold Gold Award	<ol style="list-style-type: none">1. Ensure Bronze Award is in-date and renew if needed.2. Consider starting a new Silver Award using the Silver Award tool.

Will there be a review of how the updated programme is working?

Following the launch of the updated programme in September, we will continue working with Borough Leads to assess how the updated materials and processes function in practice, identify areas requiring additional support and explore ways to increase engagement.

This feedback will help inform the development of future support, resources and ways of working to help ensure the programme is accessible, practical and meaningful for all.