

# London Assembly Health Committee Report: Men's mental health in London

Three young men unknown

## Key information

Publication type: General

Publication status: Adopted

Publication date: Wednesday 19 November 2025

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The London Assembly Health Committee has published the report: 'Men's mental health in London'. The report makes several recommendations including:

- **The Government should develop an action plan to increase access to, and take up of, Talking Therapies amongst men.**
- **The Government should include a programme for tackling the stigma associated with mental health that prevents men from accessing services.**
- **The Government should provide sufficient funding to address waiting list times for vital mental health services for men in London.**
- **The Mayor should actively work with the Government to roll out the dedicated mental health emergency departments in London.**

[Read the report in full](#)