

GREATER LONDON AUTHORITY

[REDACTED]
(By email)

Our Ref: MGLA120721-7986

4 August 2021

Dear [REDACTED]

Thank you for your request for information which the Greater London Authority (GLA) received on 10 July 2021. Your request has been dealt with under the Freedom of Information Act (FOIA) 2000.

You asked for:

Could you please send me correspondence between officers of the GLA and Parkrun since July 1, 2020 about the return of Victoria Dock Parkrun.

Our response to your request is as follows:

Please find attached the information the GLA holds within scope of your request. Please note that some names of members of staff are exempt from disclosure under s.40 (Personal information) of the Freedom of Information Act. This information could potentially identify specific employees and as such constitutes as personal data which is defined by Article 4(1) of the General Data Protection Regulation (GDPR) to mean any information relating to an identified or identifiable living individual. It is considered that disclosure of this information would contravene the first data protection principle under Article 5(1) of GDPR which states that Personal data must be processed lawfully, fairly and in a transparent manner in relation to the data subject.

If you have any further questions relating to this matter, please contact me, quoting the reference at the top of this letter.

Yours sincerely

Information Governance Officer

If you are unhappy with the way the GLA has handled your request, you may complain using the GLA's FOI complaints and internal review procedure, available at: [Freedom of information | London City Hall](#)

From: [REDACTED] <[REDACTED]@wsfroyaldocks.org>

Sent: 11 May 2021 11:24

To: [REDACTED] <[REDACTED]@Royaldocks.london>; [REDACTED]
<[REDACTED]@Royaldocks.london>

Subject: restarting parkrun

Hi [REDACTED] and [REDACTED]

Hope you are well, and that there are some exciting things on the horizon now the mayor has been elected.

Please see attached a letter from Tom Williams, COO of parkrun. Parkrun England are seeking to restart all parkruns in England on 5th June. As an organised outdoor sport event this has been technically legal since 12th April, but they felt June was an appropriate time to reopen. Parkrun are seeking the permission of all landowners to restart parkrun on this date, with a COVID risk assessment in place. Much more detail is included in the letter.

Pre-COVID Victoria Dock parkrun started by the crystal, and the route went as far as the East end of the ExCeL building on the North of the dock, and just beyond the footbridge on the south side. Given the work on the cranes, the route would be significantly changed and until all the works are done the runners would turn around at the corner next to Western Beach (they would do the north side of the dock twice).

Please could you advise me who is the best person to speak to so we can secure permission to restart? I used to speak to [REDACTED] but I know he has moved on. We are in conversations with RoDMA, Warwick estates and ExCeL too.

We have removed our equipment from the crystal community hut, but are hoping that expressway will let us store things there. We still plan to use the crystal green as our start/end point.

[REDACTED]
Community Development Manager
West Silvertown Foundation
Tel: [REDACTED]
www.wsfroyaldocks.org

Dear landowner,

As an organised sport participation event, in line with [the Government's Roadmap out of lockdown](#), and with the backing of the Minister for Sport (see [supporting letter](#)), we are seeking confirmation of continued permission to deliver the following parkrun event(s) on your land from Saturday 5 June:

- **Applicable parkrun event(s)**

Please reply to this email with confirmation of permission at your earliest convenience.

In England we have 589 5k parkrun events, with an average attendance of 263 walkers and runners, and over three million people registered to take part. More than 1,500 GP practices are registered as official parkrun practices as part of our partnership with the Royal College of General Practitioners, and 24 events on custodial sites in the UK.

Since last summer we have worked closely with Sport England, the Department for Digital, Culture, Media and Sport (DCMS), and public health experts, in order to best understand the most appropriate time for our events to return, and the processes they should follow when they do so.

In August 2020, we commissioned the University of Canterbury and Christchurch to carry out a [review](#) of available scientific literature relating to outdoor transmission of COVID-19, which further added to the evidence base behind the development of [our COVID-19 Framework](#).

That review has since been [referenced](#) by the Public Health England Transmission Group, stating that:

"recent reviews considering data from several countries found very little evidence of outdoor transmission for SARS-CoV-2, influenza or other respiratory viruses"

Reflecting on the Government's roadmap for England, alongside the associated DCMS guidance, and following careful consideration, we concluded that Step 3 would be the most appropriate time for our 5k events to return.

And as the Sports Minister notes in his letter (attached):

"These events were allowed from 29 March as part of Step 1 of the government's response to the Covid-19 Roadmap. I welcome the extra care and caution which you have taken in delaying your return until rates of infection have further reduced and more people have been vaccinated, and I note that you have also had encouraging preliminary results of research which you commissioned to help understand the risk of transmission [at] your events."

All parkrun event teams around the world, including in England, are required to read, understand, and agree to our COVID-19 Framework, and we have a number of tools that we use to ensure compliance. So far, that process has supported the return of over 600 parkrun events across countries such as Australia, New Zealand, Japan, and Russia, as well as in Guernsey, Jersey, the Isle of Man and the Falkland Islands. And for the last three weekends it has enabled the return of over 100 junior parkrun events in England, following which we're pleased to say that feedback from English landowners has been incredibly positive:

"Everything went according to plan, and worked exceptionally well... the whole morning was seamless in operations, no issues, no overcrowding, everyone respected walking in as the main gates were closed, no incidents, no issues."

In order to fully understand and consider the public health implications associated with the reopening of parkrun events across England, we commissioned an expert in the transmission and control of infectious disease to model the risk of COVID-19 transmission at our events. [That report](#) demonstrated an exceptionally low risk of virus transmission, with Professor Clive Beggs concluding that:

"it would appear feasible to recommence parkruns in England from June 2021, especially given that

the UK government plans to allow 'high risk' settings such as pubs, nightclubs, and large indoor venues to re-open at approximately the [REDACTED] time"

As Chrissie Wellington OBE (parkrun's Global Lead for Health and Wellbeing) [wrote recently](#), we welcome the Government's [championing](#) of the return to organised sport and the priority that has been given to being active in the fresh air as a means of addressing some of the entrenched health problems facing our society.

However, opportunities to be active with others need to exist that are cost effective, that can be delivered regularly, that are outside, and that are open to all. Such opportunities have dwindled over the last year, and unfortunately there is a very real risk that some may never return or be prohibitively costly for many people to take part in.

Alongside the well-established benefits and need for physical activity, a recent peer-reviewed journal article, [published in Sports Medicine](#) concluded that:

"Regular, moderate to vigorous physical activity is associated with reduced risk of community-acquired infectious diseases and infectious disease mortality, enhances the first line of defence of the immune system, and increases the potency of vaccination."

The evidence is clear then, that not only are the health benefits of walking, jogging, running, or volunteering at parkrun events incredibly high, but the risks of infection are exceptionally low, and falling further every single day.

Referring to our planned return of 5k parkrun events across England from 5 June, Professor Dame Sally Davies, former Chief Medical Officer for England, and current Master of Trinity College, Cambridge University, said:

"parkrun communities should take confidence from the findings that walking, running, jogging or volunteering at parkrun is likely to be very safe. Now, more than ever, we need parkrun to improve our nation's public health and happiness. Our wellbeing, physical health and mental health depend on us being active and being together, in line with the government's guidelines and parkrun's COVID-19 Framework."

To allow any 5k parkrun events to reopen in England we need the large majority to do so, in order to prevent those that do from becoming overwhelmed with participants.

The time is right for 5k parkrun events to reopen. Our return in June complies with the Roadmap for England, is welcomed by the Government and public health, and will be delivered within an appropriate and safe environment.

We look forward to hearing from you, in order that we can confirm the return of this local public health initiative as soon as is practically possible.

Thanks, as always, for your incredible support of parkrun.

Kind regards,

Tom Williams
Chief Operating Officer
parkrun Global Limited

[REDACTED]

From: [REDACTED]
Sent: 13 May 2021 16:16
To: [REDACTED]
Subject: RE: Restarting parkrun

Great – thanks.

[REDACTED] | Head of Development & Placemaking
Royal Docks Team
A joint initiative from the Mayor of London and the Mayor of Newham

The Crystal, Royal Victoria Dock,
Siemens Brothers Way,
London E16 1GB
t: [REDACTED]

From: [REDACTED] <[REDACTED]@wsfroyaldocks.org>
Sent: 13 May 2021 13:04
To: [REDACTED] <[REDACTED]@london.gov.uk>
Subject: RE: Restarting parkrun

Fantastic,

Thanks so much [REDACTED]

Here's a link to our risk assessment: https://wiki.parkrun.com/index.php/Victoria_Dock_parkrun/Risk_Assessment

[REDACTED]

From: [REDACTED] <[REDACTED]@london.gov.uk>
Sent: 13 May 2021 12:36
To: [REDACTED] <[REDACTED]@wsfroyaldocks.org>
Subject: RE: Restarting parkrun

Hi [REDACTED]

Thanks for your email.

I don't see any reason why we can't agree to this but I've sent on to a couple of colleagues to check.

As you may be aware, there are construction works on-going at The Crystal in advance of City Hall relocating there later this year so some areas are hoarded off but I don't think that should impact your route, although the cycle parking adjacent to the Crystal is currently unavailable. Please just be aware of construction traffic around the entrance road to the Crystal.

If you could send over your risk assessment and insurance that would be useful.

I am on leave next week but will get back to you with any comments from my colleagues w/c 24th but please assume everything is ok unless you hear otherwise.

Thanks



■■■■ | Head of Development & Placemaking
Royal Docks Team

A joint initiative from the Mayor of London and the Mayor of Newham

The Crystal, Royal Victoria Dock,
Siemens Brothers Way,
London E16 1GB
t: ■■■■

From: ■■■■ <■■■■@wsfroyaldocks.org>

Sent: 13 May 2021 09:21

To: ■■■■ <■■■■@london.gov.uk>

Subject: Restarting parkrun

Hi ■■■■

Hope you are well! ■■■■ told me you were the person to speak to RE land permission for parkrun.

Please see attached a letter from Tom Williams, COO of parkrun. Parkrun England are seeking to restart all parkruns in England on 5th June. As an organised outdoor sport event this has been technically legal since 12th April, but they felt June was an appropriate time to reopen. Parkrun are seeking the permission of all landowners to restart parkrun on this date, with a COVID risk assessment in place. Much more detail is included in the letter.

Pre-COVID Victoria Dock parkrun started by the crystal, and the route went as far as the East end of the ExCeL building on the North side of the dock, and just beyond the footbridge on the south side. Given the current work on the cranes, the route would be significantly changed - until the works are done the runners would turn around at the corner next to Western Beach (and do the north side of the dock twice).

It would be fantastic if your team would give permission to restart in June. I can share a copy of our risk assessment and liability insurance if this helps. RoDMA and Warwick estates have given their permission, and we have contacted the ExCeL as well.

We have removed our equipment from the crystal community hut, and have asked expressway if we can store things there. We still plan to use the crystal green as our start/end point.

■■■■
Community Development Manager
West Silvertown Foundation
Tel: ■■■■
www.wsfroyaldocks.org

My working days are Monday, Tuesday, Thursday and Friday



West Silvertown Foundation is a registered company limited by guarantee number 3036200. We are also a registered charity number 1049485. Registered office: Britannia Village Hall, 65 Evelyn Road, London E16 1TU.

From: [REDACTED]
Sent: 18 May 2021 16:09
To: [REDACTED] <[REDACTED]@wsfroyaldocks.org>; [REDACTED] <[REDACTED]@london.gov.uk>
Cc: [REDACTED]@parkrun.com <[REDACTED]@parkrun.com>; [REDACTED] <[REDACTED]@londonsroyaldocks.com>; [REDACTED] <[REDACTED]@londonsroyaldocks.com>
Subject: RE: parkrun land permission

Hi [REDACTED]

Please see [REDACTED] email attached confirming support for the event.

Kind regards,
[REDACTED]

From: [REDACTED] <[REDACTED]@wsfroyaldocks.org>
Sent: 18 May 2021 16:06
To: [REDACTED] <[REDACTED]@london.gov.uk>; [REDACTED] <[REDACTED]@londonsroyaldocks.com>
Cc: [REDACTED]@parkrun.com <[REDACTED]@parkrun.com>
Subject: parkrun land permission

Hi both,

Thanks so much for indicating you are supportive of Victoria Dock parkrun reopening on 5th June. Parkrun HQ have said they want to hear directly from landowners, so please could you reply to this email confirming this?

Thanks!

[REDACTED]
Community Development Manager
West Silvertown Foundation
Tel: [REDACTED]
www.wsfroyaldocks.org

From: parkrun UK Return <[REDACTED]@parkrun.zendesk.com>
Sent: 19 May 2021 12:44
To: [REDACTED]
Subject: Victoria Dock Park Run

When replying, please type above this line

Your parkrun Event Support Request has been updated.
If you need to update this ticket please reply *directly to this* email without changing the subject. If you send a new email or change the subject this will create a new ticket and will delay our response.

[REDACTED] May 19, 2021, 12:43 GMT+1:

Good Afternoon [REDACTED]

Thanks for confirming we have permission to restart. I've logged your reply.

Regards

[REDACTED]
Head of Support | parkrun

[REDACTED] May 19, 2021, 10:52 GMT+1:

To whom it may concern,

I am pleased to confirm that we approve the Victoria Dock park run to use the land owned by the Greater London Authority around Royal Victoria Dock.

If you have any questions please do not hesitate to contact me.

Thanks

[REDACTED]
Senior Events Manager

+44 (0) [REDACTED]

www.royaldocks.london<<http://www.royaldocks.london>>

Twitter<<https://twitter.com/YourRoyalDocks>> Instagram<<https://www.instagram.com/yourroyaldocks/>>

Facebook<<https://www.facebook.com/yourroyaldocks/>>

-
Royal Docks Team
The Crystal, Royal Victoria Dock
Siemens Brothers Way, London E16 1GB
-

[RD-Logo-Black-Screen_trimmed]

A joint initiative from the Mayor of London and Mayor of Newham

NHS health information and advice about coronavirus can be found at <https://nhs.uk/coronavirus>

[REDACTED]

From: [REDACTED] <[REDACTED]@wsfroyaldocks.org>
Sent: 20 May 2021 07:51
To: [REDACTED]
Cc: [REDACTED]
Subject: Re: Park Run - Victoria Dock

Thanks so much [REDACTED]

[REDACTED]

Get [Outlook for Android](#)

From: [REDACTED] <[REDACTED]@royaldocks.london>
Sent: Tuesday, May 18, 2021 6:46:17 PM
To: [REDACTED] <[REDACTED]@wsfroyaldocks.org>; [REDACTED] <[REDACTED]@RoyalDocks.london>
Cc: [REDACTED] <[REDACTED]@royaldocks.london>; [REDACTED] <[REDACTED]@royaldocks.london>; [REDACTED] <[REDACTED]@london.gov.uk>; [REDACTED] <[REDACTED]@RoyalDocks.london>; [REDACTED] <[REDACTED]@royaldocks.london>
Subject: RE: Park Run - Victoria Dock

Hi [REDACTED]

Happy will to send the email – will make sure it is sent before Friday.

In regards to the Community Hut leave that with me as I think we should be able to give you access but will need to do a couple of checks. You should certainly be able to use it until the Mayor moves in which wont be until the end of the year.

Hope all is good with you.

Thanks

[REDACTED]

[REDACTED]
Senior Events Manager
+44 (0) [REDACTED]
www.royaldocks.london
[Twitter](#) [Instagram](#) [Facebook](#)

—
Royal Docks Team
The Crystal, Royal Victoria Dock
Siemens Brothers Way, London E16 1GB



A joint initiative from the Mayor of London and Mayor of Newham

From: [REDACTED] <[REDACTED]@wsfroyaldocks.org>
Sent: 18 May 2021 17:22
To: [REDACTED] <[REDACTED]@RoyalDocks.london>

Cc: [redacted] <[redacted]royaldocks.london>; [redacted] <[redacted]royaldocks.london>; [redacted] <[redacted]royaldocks.london>; [redacted] <[redacted]london.gov.uk>; [redacted] <[redacted]Royal docks.london>; [redacted] <[redacted]royaldocks.london>
Subject: RE: Park Run - Victoria Dock

Thanks [redacted]

And thanks [redacted] for putting us in touch!

[redacted] all parkruns in the UK were paused in March last year and have remained closed. They are hoping to reopen on 5th June, but need 90% events to have the go ahead from landowners. All of our landowners have given permission which is fantastic, but some of them have said this directly to me rather than to parkrun HQ. Parkrun HQ have asked if I can get landowners to email them directly stating that we have permission – please could you email [redacted] [@parkrun.com](mailto:[redacted]@parkrun.com) confirming GLA permission? I was speaking to [redacted] [redacted] last week but I know he's off this week and their deadline is Friday.

As for the hut... When it was announced the mayor was coming East, [redacted] contacted me saying he'd been asked to withdraw our licence for the hut. I've started conversations with expressway about whether we could store things there as a back up, but if you think there is still potential to use the hut that would be great!

Thanks,

[redacted]

From: [redacted] <[redacted]Royal docks.london>
Sent: 18 May 2021 16:27
To: [redacted] <[redacted]wsfroyaldocks.org>
Cc: [redacted] <[redacted]royaldocks.london>; [redacted] <[redacted]royaldocks.london>; [redacted] <[redacted]london.gov.uk>; [redacted] <[redacted]Royal docks.london>; [redacted] <[redacted]royaldocks.london>
Subject: RE: Park Run - Victoria Dock
Importance: High

Hi [redacted]

It was good to speak with you today.

As mentioned, I did contact the ExCeL today about this and am glad to hear that they have also granted permissions now for the use of their land.

Regarding the challenge you have had on the Community Hut from City Hall (lawyers), I am connecting you with [redacted] (who you already know to take on this conversation or confirm another location such as Expressway.

I will also ask [redacted] to help you with any confirmations you need for Park Run HQ to confirm the event's approval and the landowners' being happy.

Thank you again for your time over the phone. I am glad to hear that things can now go ahead (once you have the written confirmation that [redacted] can discuss with you), and I will let my contact at City Hall know that this is one location that will support the event after the 5th of June.

Regards,

[redacted]

From: [REDACTED] <[REDACTED]@wsfroyaldocks.org>
Sent: 18 May 2021 16:02
To: [REDACTED] <[REDACTED]@Royaldocks.london>
Subject: RE: Park Run - Victoria Dock

Hi [REDACTED]

Great to hear from you, and that the Mayor of London is supportive of parkrun reopening.

I am the event director for Victoria Dock parkrun, so I am the right person to speak to. However this is the first I've heard about our event being cancelled! We used to use the crystal hut and have been told we can't do that anymore, but still plan to start and end on the green by the crystal.

I emailed [REDACTED] last week and he gave permission for us to restart. Parkrun HQ had previously contacted the GLA and hadn't heard back, so this could be why it appears to have been cancelled.

We have 4 landowners for our route, and 3 have given permission to me. I haven't heard back from the ExCeL but I believe they contacted parkrun HQ directly. I'm just waiting for clarification of this.

Any help you can give with communications about ExCeL land would be greatly appreciated, I am also keen to get the event back up and running!

Thanks,

[REDACTED]

From: [REDACTED] <[REDACTED]@Royaldocks.london>
Sent: 18 May 2021 15:43
To: [REDACTED] <[REDACTED]@wsfroyaldocks.org>
Subject: Park Run - Victoria Dock

Hi [REDACTED]

I hope you are well.

I wanted to make you aware that tomorrow, an open letter is to be published in the Evening Standard from the Mayor of London to support Park Run. However, I was contacted by City Hall to ask me if I knew why the Park Run planned for Victoria Dock had been cancelled?

I understand this might not be something you can comment on. However, I was passed your contact details by our internal team as someone who might be able to point me in the right direction?

A separate question is: What would we need to do to get Park Run – Victoria Dock activated, i.e. open for the public/participants after June 7th?

Any information you can provide on the above would be appreciated.

Regards,

[REDACTED]

[REDACTED]
[REDACTED]
Communications & Liaison Manager
+44 (0) [REDACTED]
www.royaldocks.london

From: parkrun UK Return <[REDACTED]@parkrun.zendesk.com>

Sent: 20 May 2021 14:49

Cc: parkrun Return (UK) <[REDACTED]@parkrun.com>; [REDACTED] <[REDACTED]@excel.london>;

[REDACTED] <[REDACTED]@excel.london>; [REDACTED] <[REDACTED]@excel.london>; [REDACTED] <

[REDACTED] <[REDACTED]@matthews-goodman.co.uk>; [REDACTED] <[REDACTED]@matthews-goodman.co.uk>; [REDACTED]

[REDACTED] <[REDACTED]@Royaldocks.london>

Subject: FW: Permission request to restart 5k parkrun

When replying, please type above this line

[REDACTED] has CCed parkrun Return (UK), [REDACTED] on this email as they feel you should see the conversation / need to address the query below. The query was raised by [REDACTED] on the email address [REDACTED]@matthews-goodman.co.uk

To reply, simply click reply.

Please note your reply will be seen by all, including the original sender.
If you wish to communicate about this topic privately, please open a new email to contact the other(s) CCed on this email. You can then send your official reply by replying to this email.

[REDACTED] May 20, 2021, 14:49 GMT+1:

Hello [REDACTED]

Thank you for coming back to us. The date we are looking to restart is Saturday 5 June.

Please find attached the risk assessment for Victoria Dock parkrun. With this document for your records, are you happy to give us permission from 5th June 2021?

I look forward to hearing from you.

Kind Regards

[REDACTED]
Event Support Administrator

[REDACTED] May 20, 2021, 13:24 GMT+1:

Hi [REDACTED]

Thanks for your E mail. I think we have what we need to allow the run to progress and have understood how you are dealing with the Social Distancing aspects of the event as they may apply at the time of the event recommencing. If you can advise me of the date for the first run once confirmed then I will communicate this

to all on the London Excel estate.

Do you have any H & S risk assessments or similar for the Park Run event so I can review and hold on file.

Best regards

[Matthews & Goodman LLP] <<http://www.matthews-goodman.co.uk/>>

■■■■■

Property Management

DD: ■■■■■

| M: ■■■■■

E: ■■■■■ [matthews-goodman.co.uk](mailto:■■■■■@matthews-goodman.co.uk) <<mailto:■■■■■@matthews-goodman.co.uk>>

View My Profile <<http://www.matthews-goodman.co.uk/2169>>

Matthews & Goodman LLP

3rd Floor, Suffolk House

College Road, Croydon CR01PE

24 Hour Helpdesk 020 7747 3122

helpdesk@matthews-goodman.co.uk

[linkedin] <<http://uk.linkedin.com/company/matthews-and-goodman>>

[twitter] <<https://twitter.com/MatthewsGood>>

From: parkrun UK Return <■■■■■@parkrun.zendesk.com>

Sent: 14 May 2021 15:27

To: ■■■■■ <■■■■■@matthews-goodman.co.uk>

Subject: FW: Permission request to restart 5k parkrun

Attachment(s)

[image001.png](#)

[image002.jpg](#)

[image004.jpg](#)

[0.png](#)

■■■■■ May 14, 2021, 15:26 GMT+1:

Good Afternoon ■■■■■

Can I ask if you need any further information from us before confirming permission to restart?

Currently over 150 landowners have granted permission, however that is not enough for us to reopen parkrun events across the country.

At the end of next week we will be publicly announcing whether or not we have sufficient landowner support in order to reopen and are therefore keen to understand your position by Thursday 20 May.

Regards

■■■■■

Head of Support | parkrun

██████████ Apr 29, 2021, 14:35 GMT+1:

Hello ██████████

Thank you for coming back to us so quickly.

Please find here the [Victoria Dock parkrun route map](#), I have also attached a screenshot of this in case that is more convenient for you.

One of my colleagues will be in contact with you on the number below asap.

Kind Regards

██████████
Event Support Administrator

Attachment(s)
[Victoria Dock parkrun map screenshot.png](#)

██████████ Apr 28, 2021, 7:17 GMT+1:

Dear Sir/ Madam

In relation to your E mail below in relation to an event at London Excel can you please call me on 07966630105 to discuss the detail so I can then discuss with our client at London Excel. If you could also forward a map of the proposed route would be very useful.

Best regards

[Matthews & Goodman LLP]<<http://www.matthews-goodman.co.uk/>>

Property Management

DD: ██████████

| M: ██████████

E: ██████████ matthews-goodman.co.uk<<mailto:matthews-goodman.co.uk>>

View My Profile<<http://www.matthews-goodman.co.uk/2169>>

Matthews & Goodman LLP

3rd Floor, Suffolk House

College Road, Croydon CR01PE

24 Hour Helpdesk 020 7747 3122

helpdesk@matthews-goodman.co.uk

[linkedin]<<http://uk.linkedin.com/company/matthews-and-goodman>>

[twitter]<<https://twitter.com/MatthewsGood>>

From: ██████████ <██████████@excel.london>

Sent: 27 April 2021 16:50

To: ██████████ <██████████@matthews-goodman.co.uk>

Cc: ██████████ <██████████@excel.london>

Subject: FW: Permission request to restart 5k parkrun

Hi [REDACTED]

I hope you're well.

I've received the enquiry below and wondered whether you'd be able to respond to this?

With many thanks,
[REDACTED]

[REDACTED] [REDACTED]
Head of Marketing & Communications
ExCeL London
One Western Gateway
Royal Victoria Dock
London, E16 1XL

Tel : +44 (0) 20 7069 [REDACTED]
Fax: +44 (0) 20 7069 [REDACTED]
Email: [REDACTED] [excel.london](mailto:[REDACTED]@excel.london) <mailto:[REDACTED]@excel.london>
Mobile: +44 (0) 7793 305736
www.excel.london <<http://www.excel.london>>

From: parkrun UK <[REDACTED]@parkrun.com> <mailto:[REDACTED]@parkrun.com>>
Sent: 27 April 2021 11:50
To: [REDACTED] <[REDACTED]@excel.london> <mailto:[REDACTED]@excel.london>>
Subject: Permission request to restart 5k parkrun

No images? Click here <<https://email.parkrun.com/t/i-e-mkijikil-tlcujdrkr-x>>

[http://i1.cmail19.com/ei/i/E4/7C6/86F/203304/csfinal/volunteer_update_banner-9900000000079e3c-9900000000079e3c.png]

Permission request to restart 5k parkrun

Dear landowner,

As an organised sport participation event, in line with the Government's Roadmap out of lockdown <<https://email.parkrun.com/t/i-l-mkijikil-tlcujdrkr-y>>, and with the backing of the Minister for Sport (view letter here) <<https://email.parkrun.com/t/i-l-mkijikil-tlcujdrkr-y>>, we are seeking confirmation of continued permission to deliver the following parkrun event on your land from Saturday 5 June:

Victoria Dock parkrun

Please reply to this email with confirmation of permission at your earliest convenience.

In England we have 589 5k parkrun events, with an average attendance of 263 walkers and runners, and over three million people registered to take part. More than 1,500 GP practices are registered as official parkrun practices as part of our partnership with the Royal College of General Practitioners, and 24 events on custodial sites in the UK.

Since last summer we have worked closely with Sport England, the Department for Digital, Culture, Media and Sport (DCMS), and public health experts, in order to best understand the most appropriate time for our events to return, and the processes they should follow when they do so.

In August 2020, we commissioned the University of Canterbury and Christchurch to carry out a review <<https://email.parkrun.com/t/i-l-mkijikil-tlcujdrkr-i>> of available scientific literature relating to outdoor transmission of COVID-19, which further added to the evidence base behind the development of our

COVID-19 Framework<<https://email.parkrun.com/t/i-l-mkjikil-tlcujdrkr-t>>.

That review has since been referenced<<https://email.parkrun.com/t/i-l-mkjikil-tlcujdrkr-i>> by the Public Health England Transmission Group, stating that:

“recent reviews considering data from several countries found very little evidence of outdoor transmission for SARS-CoV-2, influenza or other respiratory viruses”

Reflecting on the Government’s roadmap for England, alongside the associated DCMS guidance, and following careful consideration, we concluded that Step 3 would be the most appropriate time for our 5k events to return.

And as the Sports Minister notes in his letter<<https://email.parkrun.com/t/i-l-mkjikil-tlcujdrkr-k>>:

“These events were allowed from 29 March as part of Step 1 of the government’s response to the Covid-19 Roadmap. I welcome the extra care and caution which you have taken in delaying your return until rates of infection have further reduced and more people have been vaccinated, and I note that you have also had encouraging preliminary results of research which you commissioned to help understand the risk of transmission [at] your events.”

All parkrun event teams around the world, including in England, are required to read, understand, and agree to our COVID-19 Framework, and we have a number of tools that we use to ensure compliance. So far, that process has supported the return of over 600 parkrun events across countries such as Australia, New Zealand, Japan, and Russia, as well as in Guernsey, Jersey, the Isle of Man and the Falkland Islands. And for the last three weekends it has enabled the return of over 100 junior parkrun events in England, following which we’re pleased to say that feedback from English landowners has been incredibly positive:

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In order to fully understand and consider the public health implications associated with the reopening of parkrun events across England, we commissioned an expert in the transmission and control of infectious disease to model the risk of COVID-19 transmission at our events. That report<<https://email.parkrun.com/t/i-l-mkjikil-tlcujdrkr-u>> demonstrated an exceptionally low risk of virus transmission, with Professor Clive Beggs concluding that:

“it would appear feasible to recommence parkruns in England from June 2021, especially given that the UK government plans to allow ‘high risk’ settings such as pubs, nightclubs, and large indoor venues to re-open at approximately the same time”

As Chrissie Wellington OBE (parkrun’s Global Lead for Health and Wellbeing) wrote recently<<https://email.parkrun.com/t/i-l-mkjikil-tlcujdrkr-b>>, we welcome the Government’s championing<<https://email.parkrun.com/t/i-l-mkjikil-tlcujdrkr-n>> of the return to organised sport and the priority that has been given to being active in the fresh air as a means of addressing some of the entrenched health problems facing our society.

However, opportunities to be active with others need to exist that are cost effective, that can be delivered regularly, that are outside, and that are open to all. Such opportunities have dwindled over the last year, and unfortunately there is a very real risk that some may never return or be prohibitively costly for many people to take part in.

Alongside the well-established benefits and need for physical activity, a recent peer-reviewed journal article, published in Sports Medicine<<https://email.parkrun.com/t/i-l-mkjikil-tlcujdrkr-p>>, concluded that:

“Regular, moderate to vigorous physical activity is associated with reduced risk of community-acquired infectious diseases and infectious disease mortality, enhances the first line of defence of the immune system, and increases the potency of vaccination.”

The evidence is clear then, that not only are the health benefits of walking, jogging, running, or volunteering

at parkrun events incredibly high, but the risks of infection are exceptionally low, and falling further every single day.

Referring to our planned return of 5k parkrun events across England from 5 June, Professor Dame Sally Davies, former Chief Medical Officer for England, and current Master of Trinity College, Cambridge University, said:

“parkrun communities should take confidence from the findings that walking, running, jogging or volunteering at parkrun is likely to be very safe. Now, more than ever, we need parkrun to improve our nation’s public health and happiness. Our wellbeing, physical health and mental health depend on us being active and being together, in line with the government’s guidelines and parkrun’s COVID-19 Framework.”

To allow any 5k parkrun events to reopen in England we need the large majority to do so, in order to prevent those that do from becoming overwhelmed with participants.

The time is right for 5k parkrun events to reopen. Our return in June complies with the Roadmap for England, is welcomed by the Government and public health, and will be delivered within an appropriate and safe environment.

We look forward to hearing from you, in order that we can confirm the return of this local public health initiative as soon as is practically possible.

Thanks, as always, for your incredible support of parkrun.

Kind regards

[\[http://i2.cmail19.com/ei/i/E4/7C6/86F/203304/csfinal/Screenshot2021-04-23at16.35.03-990514028a04513c.png\]](http://i2.cmail19.com/ei/i/E4/7C6/86F/203304/csfinal/Screenshot2021-04-23at16.35.03-990514028a04513c.png)

[\[http://i3.cmail19.com/ei/i/E4/7C6/86F/203304/csfinal/run-route2-9900000000079e3c.png\]](http://i3.cmail19.com/ei/i/E4/7C6/86F/203304/csfinal/run-route2-9900000000079e3c.png)

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[REDACTED]

From: [REDACTED]
Sent: 20 May 2021 17:33
To: [REDACTED]
Subject: RE: Permission request to restart 5k parkrun

Importance: High

Haha – great thanks [REDACTED]

Hope the first run back goes well.

[REDACTED]
Senior Events Manager
+44 (0) [REDACTED]
www.royaldocks.london
[Twitter](#) [Instagram](#) [Facebook](#)

—
Royal Docks Team
The Crystal, Royal Victoria Dock
Siemens Brothers Way, London E16 1GB



A joint initiative from the Mayor of London and Mayor of Newham

From: [REDACTED] <[REDACTED]@wsfroyaldocks.org>
Sent: 20 May 2021 17:31
To: [REDACTED] <[REDACTED]@royaldocks.london>
Subject: RE: Permission request to restart 5k parkrun

I'm as confused as you are and wish parkrun HQ would communicate directly with me or CC me in the emails at least!

To my knowledge, what you sent before was sufficient and all landowners have now given permission. It's useful having [REDACTED] email as we need ExCeL's permission for a reroute due to the work on the cranes, so I'll ask them about that but as far as I know we're good to go.

[REDACTED]

From: [REDACTED] <[REDACTED]@royaldocks.london>
Sent: 20 May 2021 17:07
To: [REDACTED] <[REDACTED]@wsfroyaldocks.org>
Subject: FW: Permission request to restart 5k parkrun
Importance: High

Hi [REDACTED]

[REDACTED] in my team sent me the following email chain.

Just want to check that all is in hand and you don't need anything else from me?

Thanks

██████████
Senior Events Manager
+44 (0) ██████████
www.royaldocks.london
[Twitter](#) [Instagram](#) [Facebook](#)

—
Royal Docks Team
The Crystal, Royal Victoria Dock
Siemens Brothers Way, London E16 1GB



A joint initiative from the Mayor of London and Mayor of Newham

From: ██████████ <██████████@royaldocks.london>
Sent: 20 May 2021 15:07
To: ██████████ <██████████@royaldocks.london>
Cc: ██████████ <██████████@royaldocks.london>
Subject: FW: Permission request to restart 5k parkrun

Hi ██████████

I have just been included in this email and attached another email that came in just before that today.

If you could connect with ██████████ on this, as she was working with you for the final written permissions?

Can I leave this with you now to take forward please? Give me a call if you need to discuss anything.

Regards,

██████████

From: parkrun UK Return <uk-return@parkrun.zendesk.com>
Sent: 20 May 2021 14:49
Cc: parkrun Return (UK) <uk-return@parkrun.com>; ██████████ <██████████@excel.london>; ██████████ <██████████@excel.london>; ██████████ <██████████@matthews-goodman.co.uk>; ██████████ <██████████@matthews-goodman.co.uk>; ██████████ <██████████@royaldocks.london>
Subject: FW: Permission request to restart 5k parkrun

When replying, please type above this line

██████████ has CCed parkrun Return (UK), ██████████ on this email as they feel you should see the conversation / need to address the query below. The query was raised by ██████████ on the email address ██████████ matthews-goodman.co.uk

To reply, simply click reply.

Please note your reply will be seen by all, including the original sender.
If you wish to communicate about this topic privately, please open a new email to contact the other(s) CCed on this email. You can then send your official reply by replying to this email.

May 20, 2021, 14:49 GMT+1:

Hello

Thank you for coming back to us. The date we are looking to restart is Saturday 5 June.

Please find attached the risk assessment for Victoria Dock parkrun. With this document for your records, are you happy to give us permission from 5th June 2021?

I look forward to hearing from you.

Kind Regards

Event Support Administrator

May 20, 2021, 13:24 GMT+1:

Hi

Thanks for your E mail. I think we have what we need to allow the run to progress and have understood how you are dealing with the Social Distancing aspects of the event as they may apply at the time of the event recommencing. If you can advise me of the date for the first run once confirmed then I will communicate this to all on the London Excel estate.

Do you have any H & S risk assessments or similar for the Park Run event so I can review and hold on file.

Best regards

[Matthews & Goodman LLP]<<http://www.matthews-goodman.co.uk/>>

Property Management

DD: | M:

E: <matthews-goodman.co.uk> <matthews-goodman.co.uk>

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College Road, Croydon CR01PE

24 Hour Helpdesk 020 7747 3122

helpdesk@matthews-goodman.co.uk

[linkedin]<<http://uk.linkedin.com/company/matthews-and-goodman>>

[twitter]<<https://twitter.com/MatthewsGood>>

From: parkrun UK Return <parkrun.zendesk.com>

Sent: 14 May 2021 15:27

To: <matthews-goodman.co.uk>

Subject: FW: Permission request to restart 5k parkrun

Attachment(s)

[image001.png](#)

[image002.jpg](#)

[image004.jpg](#)

[0.png](#)

██████████ May 14, 2021, 15:26 GMT+1:

Good Afternoon ██████████

Can I ask if you need any further information from us before confirming permission to restart?

Currently over 150 landowners have granted permission, however that is not enough for us to reopen parkrun events across the country.

At the end of next week we will be publicly announcing whether or not we have sufficient landowner support in order to reopen and are therefore keen to understand your position by Thursday 20 May.

Regards

██████████

Head of Support | parkrun

██████████ Apr 29, 2021, 14:35 GMT+1:

Hello ██████████

Thank you for coming back to us so quickly.

Please find here the [Victoria Dock parkrun route map](#), I have also attached a screenshot of this in case that is more convenient for you.

One of my colleagues will be in contact with you on the number below asap.

Kind Regards

██████████

Event Support Administrator

Attachment(s)

[Victoria Dock parkrun map screenshot.png](#)

██████████ Apr 28, 2021, 7:17 GMT+1:

Dear Sir/ Madam

In relation to your E mail below in relation to an event at London Excel can you please call me on 07966630105 to discuss the detail so I can then discuss with our client at London Excel. If you could also forward a map of the proposed route would be very useful.

Best regards

[Matthews & Goodman LLP] <<http://www.matthews-goodman.co.uk/>>

Property Management

DD: [REDACTED] | M: [REDACTED]

E: [REDACTED] <[matthews-goodman.co.uk](mailto:[REDACTED]@matthews-goodman.co.uk)> <[mailto:\[REDACTED\]@matthews-goodman.co.uk](mailto:[REDACTED]@matthews-goodman.co.uk)>

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College Road, Croydon CR01PE

24 Hour Helpdesk 020 7747 3122

helpdesk@matthews-goodman.co.uk

[linkedin] <<http://uk.linkedin.com/company/matthews-and-goodman>>

[twitter] <<https://twitter.com/MatthewsGood>>

From: [REDACTED] <[\[REDACTED\]@excel.london](mailto:[REDACTED]@excel.london)>

Sent: 27 April 2021 16:50

To: [REDACTED] <[matthews-goodman.co.uk](mailto:[REDACTED]@matthews-goodman.co.uk)>

Cc: [REDACTED] <[\[REDACTED\]@excel.london](mailto:[REDACTED]@excel.london)>

Subject: FW: Permission request to restart 5k parkrun

Hi [REDACTED]

I hope you're well.

I've received the enquiry below and wondered whether you'd be able to respond to this?

With many thanks,

[REDACTED]
[REDACTED]
Head of Marketing & Communications

ExCeL London

One Western Gateway

Royal Victoria Dock

London, E16 1XL

Tel : +44 (0) 20 7069 [REDACTED]

Fax: +44 (0) 20 7069 [REDACTED]

Email: [REDACTED] <[\[REDACTED\]@excel.london](mailto:[REDACTED]@excel.london)> <[\[REDACTED\]@excel.london](mailto:[REDACTED]@excel.london)>

Mobile: +44 (0) 7793 305736

www.excel.london <<http://www.excel.london>>

From: parkrun UK <[\[REDACTED\]@parkrun.com](mailto:[REDACTED]@parkrun.com)> <[\[REDACTED\]@parkrun.com](mailto:[REDACTED]@parkrun.com)>>

Sent: 27 April 2021 11:50

To: [REDACTED] <[\[REDACTED\]@excel.london](mailto:[REDACTED]@excel.london)> <[\[REDACTED\]@excel.london](mailto:[REDACTED]@excel.london)>>

Subject: Permission request to restart 5k parkrun

No images? Click here <<https://email.parkrun.com/t/i-e-mkijkil-tlcujdrkr-x>>

http://i1.cmail19.com/ei/i/E4/7C6/86F/203304/csfinal/volunteer_update_banner-9900000000079e3c-9900000000079e3c.png

Permission request to restart 5k parkrun

Dear landowner,

As an organised sport participation event, in line with the Government's Roadmap out of lockdown <<https://email.parkrun.com/t/i-l-mkijkil-tlcujdrkr-r>>, and with the backing of the Minister for Sport (view letter here) <<https://email.parkrun.com/t/i-l-mkijkil-tlcujdrkr-y>>, we are seeking confirmation of continued permission to deliver the following parkrun event on your land from Saturday 5 June:

Victoria Dock parkrun

Please reply to this email with confirmation of permission at your earliest convenience.

In England we have 589 5k parkrun events, with an average attendance of 263 walkers and runners, and over three million people registered to take part. More than 1,500 GP practices are registered as official parkrun practices as part of our partnership with the Royal College of General Practitioners, and 24 events on custodial sites in the UK.

Since last summer we have worked closely with Sport England, the Department for Digital, Culture, Media and Sport (DCMS), and public health experts, in order to best understand the most appropriate time for our events to return, and the processes they should follow when they do so.

In August 2020, we commissioned the University of Canterbury and Christchurch to carry out a review<<https://email.parkrun.com/t/i-l-mkjikil-tlcujdrkr-j>> of available scientific literature relating to outdoor transmission of COVID-19, which further added to the evidence base behind the development of our COVID-19 Framework<<https://email.parkrun.com/t/i-l-mkjikil-tlcujdrkr-t>>.

That review has since been referenced<<https://email.parkrun.com/t/i-l-mkjikil-tlcujdrkr-i>> by the Public Health England Transmission Group, stating that:

"recent reviews considering data from several countries found very little evidence of outdoor transmission for SARS-CoV-2, influenza or other respiratory viruses"

Reflecting on the Government's roadmap for England, alongside the associated DCMS guidance, and following careful consideration, we concluded that Step 3 would be the most appropriate time for our 5k events to return.

And as the Sports Minister notes in his letter<<https://email.parkrun.com/t/i-l-mkjikil-tlcujdrkr-k>>:

"These events were allowed from 29 March as part of Step 1 of the government's response to the Covid-19 Roadmap. I welcome the extra care and caution which you have taken in delaying your return until rates of infection have further reduced and more people have been vaccinated, and I note that you have also had encouraging preliminary results of research which you commissioned to help understand the risk of transmission [at] your events."

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In order to fully understand and consider the public health implications associated with the reopening of parkrun events across England, we commissioned an expert in the transmission and control of infectious disease to model the risk of COVID-19 transmission at our events. That report<<https://email.parkrun.com/t/i-l-mkjikil-tlcujdrkr-u>> demonstrated an exceptionally low risk of virus transmission, with Professor Clive Beggs concluding that:

"it would appear feasible to recommence parkruns in England from June 2021, especially given that the UK government plans to allow 'high risk' settings such as pubs, nightclubs, and large indoor venues to re-open at approximately the [redacted] time"

As Chrissie Wellington OBE (parkrun's Global Lead for Health and Wellbeing) wrote recently<<https://email.parkrun.com/t/i-l-mkjikil-tlcujdrkr-b>>, we welcome the Government's championing<<https://email.parkrun.com/t/i-l-mkjikil-tlcujdrkr-n>> of the return to organised sport and the priority that has been given to being active in the fresh air as a means of addressing some of the entrenched health problems facing our society.

However, opportunities to be active with others need to exist that are cost effective, that can be delivered regularly, that are outside, and that are open to all. Such opportunities have dwindled over the last year, and unfortunately there is a very real risk that some may never return or be prohibitively costly for many people to take part in.

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"Regular, moderate to vigorous physical activity is associated with reduced risk of community-acquired infectious diseases and infectious disease mortality, enhances the first line of defence of the immune system, and increases the potency of vaccination."

The evidence is clear then, that not only are the health benefits of walking, jogging, running, or volunteering at parkrun events incredibly high, but the risks of infection are exceptionally low, and falling further every single day.

Referring to our planned return of 5k parkrun events across England from 5 June, Professor Dame Sally Davies, former Chief Medical Officer for England, and current Master of Trinity College, Cambridge University, said:

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To allow any 5k parkrun events to reopen in England we need the large majority to do so, in order to prevent those that do from becoming overwhelmed with participants.

The time is right for 5k parkrun events to reopen. Our return in June complies with the Roadmap for England, is welcomed by the Government and public health, and will be delivered within an appropriate and safe environment.

We look forward to hearing from you, in order that we can confirm the return of this local public health initiative as soon as is practically possible.

Thanks, as always, for your incredible support of parkrun.

Kind regards

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From: parkrun UK Return <[REDACTED]@parkrun.zendesk.com>
Sent: 25 May 2021 11:45
Cc: parkrun Return (UK); [REDACTED]
Holley; [REDACTED]
Subject: FW: Permission request to restart 5k parkrun

When replying, please type above this line

[REDACTED] has CCed parkrun Return (UK), [REDACTED] on this email as they feel you should see the conversation / need to address the query below. The query was raised by [REDACTED] on the email address [REDACTED]@matthews-goodman.co.uk

To reply, simply click reply.

Please note your reply will be seen by all, including the original sender.
If you wish to communicate about this topic privately, please open a new email to contact the other(s) CCed on this email. You can then send your official reply by replying to this email.

[REDACTED] May 25, 2021, 11:44 GMT+1:

Thanks [REDACTED] I have copied in [REDACTED] so he has a record of this email thread with the permission granted by [REDACTED] for Victoria Dock parkrun to resume. We have already had confirmation of permission from [REDACTED] as well.

All the best and thank you all for your help.

Kind Regards

[REDACTED]
Event Support Administrator

[REDACTED] May 24, 2021, 11:34 GMT+1:

Dear all,

Thank you for including me these emails. However, I would ask that you include [REDACTED] in any further communication/emails, as he is the lead here for this event. I don't need to be included in any further emails, unless it is to do with press/media.

[REDACTED] [royaldocks.london](mailto:[REDACTED]@royaldocks.london) <mailto:[REDACTED]@royaldocks.london>

Regards,

[REDACTED]
From: parkrun UK Return <[REDACTED]@parkrun.zendesk.com>
Sent: 24 May 2021 11:28
Cc: parkrun Return (UK) <[REDACTED]@parkrun.com>; [REDACTED] <[REDACTED]@excel.london>; [REDACTED] <[REDACTED]@excel.london>; [REDACTED] <[REDACTED]@matthews-
[REDACTED]@excel.london>; [REDACTED] <[REDACTED]@excel.london>; [REDACTED] <[REDACTED]@matthews-

goodman.co.uk>; [REDACTED] [REDACTED] <[REDACTED]@matthews-goodman.co.uk>; [REDACTED] [REDACTED] <[REDACTED]@Royaldocks.london>
Subject: FW: Permission request to restart 5k parkrun

[REDACTED] [REDACTED] May 24, 2021, 11:27 GMT+1:

Hello [REDACTED]

That's is great news, thank you for confirming we have permission to restart. I've logged your reply.

Kind Regards

[REDACTED]
Event Support Administrator

[REDACTED] [REDACTED] May 24, 2021, 8:02 GMT+1:

Hi [REDACTED]

Thanks for the risk assessments. I will inform all at London Excel Estate that the Park Run event will be taking place again from Saturday 5th June onwards.

Best Regards

[Matthews & Goodman LLP]<<http://www.matthews-goodman.co.uk/>>

[REDACTED] [REDACTED]
Property Management

DD: [REDACTED] | M: [REDACTED]

E: [REDACTED]@matthews-goodman.co.uk<mailto:[REDACTED]@matthews-goodman.co.uk>

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Matthews & Goodman LLP

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College Road, Croydon CR01PE

24 Hour Helpdesk 020 7747 3122

helpdesk@matthews-goodman.co.uk

[linkedin]<<http://uk.linkedin.com/company/matthews-and-goodman>>

[twitter]<<https://twitter.com/MatthewsGood>>

From: parkrun UK Return <[REDACTED]@parkrun.zendesk.com>

Sent: 20 May 2021 14:49

To: [REDACTED] [REDACTED] <[REDACTED]@matthews-goodman.co.uk>

Subject: FW: Permission request to restart 5k parkrun

Attachment(s)

[image001.png](#)

[image002.jpg](#)

[image003.jpg](#)

[0.png](#)

[REDACTED] [REDACTED] May 20, 2021, 14:49 GMT+1:

Hello [REDACTED]

Thank you for coming back to us. The date we are looking to restart is Saturday 5 June.

Please find attached the risk assessment for Victoria Dock parkrun. With this document for your records, are you happy to give us permission from 5th June 2021?

I look forward to hearing from you.

Kind Regards

[REDACTED]

Event Support Administrator

Attachment(s)

[Victoria Dock Risk Assessment 20 05 2021.xlsx](#)

[REDACTED] [REDACTED] May 20, 2021, 13:24 GMT+1:

Hi [REDACTED]

Thanks for your E mail. I think we have what we need to allow the run to progress and have understood how you are dealing with the Social Distancing aspects of the event as they may apply at the time of the event recommencing. If you can advise me of the date for the first run once confirmed then I will communicate this to all on the London Excel estate.

Do you have any H & S risk assessments or similar for the Park Run event so I can review and hold on file.

Best regards

[Matthews & Goodman LLP]<<http://www.matthews-goodman.co.uk/>>

[REDACTED] [REDACTED]

Property Management

DD: [REDACTED] | M: [REDACTED]

E: [REDACTED]<[\[REDACTED\]@matthews-goodman.co.uk](mailto:[REDACTED]@matthews-goodman.co.uk)><[mailto:\[REDACTED\]@matthews-goodman.co.uk](mailto:[REDACTED]@matthews-goodman.co.uk)>

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[linkedin]<<http://uk.linkedin.com/company/matthews-and-goodman>>

[twitter]<<https://twitter.com/MatthewsGood>>

From: parkrun UK Return <[REDACTED]<[parkrun.zendesk.com](mailto:[REDACTED]@parkrun.zendesk.com)>

Sent: 14 May 2021 15:27

To: [REDACTED] <[REDACTED]<[matthews-goodman.co.uk](mailto:[REDACTED]@matthews-goodman.co.uk)>

Subject: FW: Permission request to restart 5k parkrun

Attachment(s)

[image001.png](#)

[image002.jpg](#)

[image004.jpg](#)

[0.png](#)

██████████ May 14, 2021, 15:26 GMT+1:

Good Afternoon ██████████

Can I ask if you need any further information from us before confirming permission to restart?

Currently over 150 landowners have granted permission, however that is not enough for us to reopen parkrun events across the country.

At the end of next week we will be publicly announcing whether or not we have sufficient landowner support in order to reopen and are therefore keen to understand your position by Thursday 20 May.

Regards

██████████

Head of Support | parkrun

██████████ Apr 29, 2021, 14:35 GMT+1:

Hello ██████████

Thank you for coming back to us so quickly.

Please find here the [Victoria Dock parkrun route map](#), I have also attached a screenshot of this in case that is more convenient for you.

One of my colleagues will be in contact with you on the number below asap.

Kind Regards

██████████

Event Support Administrator

Attachment(s)

[Victoria Dock parkrun map screenshot.png](#)

██████████ Apr 28, 2021, 7:17 GMT+1:

Dear Sir/ Madam

In relation to your E mail below in relation to an event at London Excel can you please call me on 07966630105 to discuss the detail so I can then discuss with our client at London Excel. If you could also forward a map of the proposed route would be very useful.

Best regards

[Matthews & Goodman LLP]<<http://www.matthews-goodman.co.uk/>>

Property Management

DD: [REDACTED] | M: [REDACTED]

E: [REDACTED] [matthews-goodman.co.uk](mailto:[REDACTED]@matthews-goodman.co.uk)<[mailto:\[REDACTED\]@matthews-goodman.co.uk](mailto:[REDACTED]@matthews-goodman.co.uk)>

View My Profile<<http://www.matthews-goodman.co.uk/2169>>

Matthews & Goodman LLP

3rd Floor, Suffolk House

College Road, Croydon CR01PE

24 Hour Helpdesk 020 7747 3122

helpdesk@matthews-goodman.co.uk

[linkedin]<<http://uk.linkedin.com/company/matthews-and-goodman>>

[twitter]<<https://twitter.com/MatthewsGood>>

From: [REDACTED] <[\[REDACTED\]@excel.london](mailto:[REDACTED]@excel.london)>

Sent: 27 April 2021 16:50

To: [REDACTED] <[\[REDACTED\]@matthews-goodman.co.uk](mailto:[REDACTED]@matthews-goodman.co.uk)>

Cc: [REDACTED] <[\[REDACTED\]@excel.london](mailto:[REDACTED]@excel.london)>

Subject: FW: Permission request to restart 5k parkrun

Hi [REDACTED]

I hope you're well.

I've received the enquiry below and wondered whether you'd be able to respond to this?

With many thanks,

[REDACTED]

[REDACTED]

Head of Marketing & Communications

ExCeL London

One Western Gateway

Royal Victoria Dock

London, E16 1XL

Tel : +44 (0) 20 7069 [REDACTED]

Fax: +44 (0) 20 7069 [REDACTED]

Email: [REDACTED] [excel.london](mailto:[REDACTED]@excel.london)<[mailto:\[REDACTED\]@excel.london](mailto:[REDACTED]@excel.london)>

Mobile: +44 (0) 7793 305736

www.excel.london<<http://www.excel.london>>

From: parkrun UK <[\[REDACTED\]@parkrun.com](mailto:[REDACTED]@parkrun.com)><[\[REDACTED\]@parkrun.com](mailto:[REDACTED]@parkrun.com)>>

Sent: 27 April 2021 11:50

To: [REDACTED] <[\[REDACTED\]@excel.london](mailto:[REDACTED]@excel.london)><[\[REDACTED\]@excel.london](mailto:[REDACTED]@excel.london)>>

Subject: Permission request to restart 5k parkrun

No images? Click here<<https://email.parkrun.com/t/i-e-mkijikil-tlcujdrkr-x>>

http://i1.cmail19.com/ei/i/E4/7C6/86F/203304/csfinal/volunteer_update_banner-9900000000079e3c-9900000000079e3c.png

Permission request to restart 5k parkrun

Dear landowner,

As an organised sport participation event, in line with the Government's Roadmap out of lockdown<<https://email.parkrun.com/t/i-l-mkijikil-tlcujdrkr-r>>, and with the backing of the Minister for Sport (view letter here)<<https://email.parkrun.com/t/i-l-mkijikil-tlcujdrkr-y>>, we are seeking confirmation of continued permission to deliver the following parkrun event on your land from Saturday 5 June:

Victoria Dock parkrun

Please reply to this email with confirmation of permission at your earliest convenience.

In England we have 589 5k parkrun events, with an average attendance of 263 walkers and runners, and over three million people registered to take part. More than 1,500 GP practices are registered as official parkrun practices as part of our partnership with the Royal College of General Practitioners, and 24 events on custodial sites in the UK.

Since last summer we have worked closely with Sport England, the Department for Digital, Culture, Media and Sport (DCMS), and public health experts, in order to best understand the most appropriate time for our events to return, and the processes they should follow when they do so.

In August 2020, we commissioned the University of Canterbury and Christchurch to carry out a review<<https://email.parkrun.com/t/i-l-mkjikil-tlcujdrkr-j>> of available scientific literature relating to outdoor transmission of COVID-19, which further added to the evidence base behind the development of our COVID-19 Framework<<https://email.parkrun.com/t/i-l-mkjikil-tlcujdrkr-t>>.

That review has since been referenced<<https://email.parkrun.com/t/i-l-mkjikil-tlcujdrkr-i>> by the Public Health England Transmission Group, stating that:

“recent reviews considering data from several countries found very little evidence of outdoor transmission for SARS-CoV-2, influenza or other respiratory viruses”

Reflecting on the Government’s roadmap for England, alongside the associated DCMS guidance, and following careful consideration, we concluded that Step 3 would be the most appropriate time for our 5k events to return.

And as the Sports Minister notes in his letter<<https://email.parkrun.com/t/i-l-mkjikil-tlcujdrkr-k>>:

“These events were allowed from 29 March as part of Step 1 of the government’s response to the Covid-19 Roadmap. I welcome the extra care and caution which you have taken in delaying your return until rates of infection have further reduced and more people have been vaccinated, and I note that you have also had encouraging preliminary results of research which you commissioned to help understand the risk of transmission [at] your events.”

All parkrun event teams around the world, including in England, are required to read, understand, and agree to our COVID-19 Framework, and we have a number of tools that we use to ensure compliance. So far, that process has supported the return of over 600 parkrun events across countries such as Australia, New Zealand, Japan, and Russia, as well as in Guernsey, Jersey, the Isle of Man and the Falkland Islands. And for the last three weekends it has enabled the return of over 100 junior parkrun events in England, following which we’re pleased to say that feedback from English landowners has been incredibly positive:

“Everything went according to plan, and worked exceptionally well... the whole morning was seamless in operations, no issues, no overcrowding, everyone respected walking in as the main gates were closed, no incidents, no issues.”

In order to fully understand and consider the public health implications associated with the reopening of parkrun events across England, we commissioned an expert in the transmission and control of infectious disease to model the risk of COVID-19 transmission at our events. That report<<https://email.parkrun.com/t/i-l-mkjikil-tlcujdrkr-u>> demonstrated an exceptionally low risk of virus transmission, with Professor Clive Beggs concluding that:

“it would appear feasible to recommence parkruns in England from June 2021, especially given that the UK government plans to allow ‘high risk’ settings such as pubs, nightclubs, and large indoor venues to re-open at approximately the [redacted] time”

As Chrissie Wellington OBE (parkrun’s Global Lead for Health and Wellbeing) wrote recently<<https://email.parkrun.com/t/i-l-mkjikil-tlcujdrkr-b>>, we welcome the Government’s championing<<https://email.parkrun.com/t/i-l-mkjikil-tlcujdrkr-n>> of the return to organised sport and the priority that has been given to being active in the fresh air as a means of addressing some of the entrenched health problems facing our society.

However, opportunities to be active with others need to exist that are cost effective, that can be delivered regularly, that are outside, and that are open to all. Such opportunities have dwindled over the last year, and unfortunately there is a very real risk that some may never return or be prohibitively costly for many people to take part in.

Alongside the well-established benefits and need for physical activity, a recent peer-reviewed journal article, published in Sports Medicine<<https://email.parkrun.com/t/i-l-mkjikil-tlcujdrkr-p>>, concluded that:

“Regular, moderate to vigorous physical activity is associated with reduced risk of community-acquired infectious diseases and infectious disease mortality, enhances the first line of defence of the immune system, and increases the potency of vaccination.”

The evidence is clear then, that not only are the health benefits of walking, jogging, running, or volunteering at parkrun events incredibly high, but the risks of infection are exceptionally low, and falling further every single day.

Referring to our planned return of 5k parkrun events across England from 5 June, Professor Dame Sally Davies, former Chief Medical Officer for England, and current Master of Trinity College, Cambridge University, said:

“parkrun communities should take confidence from the findings that walking, running, jogging or volunteering at parkrun is likely to be very safe. Now, more than ever, we need parkrun to improve our nation’s public health and happiness. Our wellbeing, physical health and mental health depend on us being active and being together, in line with the government’s guidelines and parkrun’s COVID-19 Framework.”

To allow any 5k parkrun events to reopen in England we need the large majority to do so, in order to prevent those that do from becoming overwhelmed with participants.

The time is right for 5k parkrun events to reopen. Our return in June complies with the Roadmap for England, is welcomed by the Government and public health, and will be delivered within an appropriate and safe environment.

We look forward to hearing from you, in order that we can confirm the return of this local public health initiative as soon as is practically possible.

Thanks, as always, for your incredible support of parkrun.

Kind regards

[\[http://i2.cmail19.com/ei/i/E4/7C6/86F/203304/csfinal/Screenshot2021-04-23at16.35.03-990514028a04513c.png\]](http://i2.cmail19.com/ei/i/E4/7C6/86F/203304/csfinal/Screenshot2021-04-23at16.35.03-990514028a04513c.png)

[\[http://i3.cmail19.com/ei/i/E4/7C6/86F/203304/csfinal/run-route2-9900000000079e3c.png\]](http://i3.cmail19.com/ei/i/E4/7C6/86F/203304/csfinal/run-route2-9900000000079e3c.png)

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[REDACTED]

From: [REDACTED] <[REDACTED]@wsfroyaldocks.org>
Sent: 08 July 2021 13:16
To: [REDACTED]; [REDACTED]
Cc: [REDACTED]
Subject: RE: parkrun hut

Hi [REDACTED]

Please see details below.

Any other questions, don't hesitate to get in touch.

[REDACTED]

From: [REDACTED]@Royaldocks.london>
Sent: 29 June 2021 19:07
To: [REDACTED] <[REDACTED]@wsfroyaldocks.org>; [REDACTED] <[REDACTED]@royaldocks.london>
Cc: [REDACTED]@london.gov.uk>
Subject: RE: parkrun hut

Hi [REDACTED]

It may be that access to the community hut is possible but it may be that the start and end position for the run is moved until completion of the installation of the bollards.

To inform this, can you provide details of:

- ☐ Start and end times of the event. – the event starts at 9am and the last person normally completes the run by 10am, with the hut packed up by 10:30am. We need access to the hut from around 8:20am
- ☐ Days when the event will take place (I think from your email it's on a Saturday?) – every Saturday (with the exception of weeks with major events at ExCeL/crystal etc)
- ☐ How many people are expected to attend for each event. – pre-COVID we had around 200 people per week, we expect 100-200 per week on our return
- ☐ A plan showing the location of any 'stations' set up for tea and coffee etc. – we can be flexible and do these anywhere around the site. We don't mind stopping these stations – as long as we can store things in the hut and access it on a Saturday morning
- ☐ Whether there are any power etc. requirements associated with the use. – we used to use electricity in the hut (lighting and electric for kettles, water for tap and toilet) but no additional requirements. We can cope without these too.

The primary concern would be health and safety as works take place as we would want to avoid the possibility of runners encountering any trip hazards or colliding with workers on site.

Regards

[REDACTED]

From: [REDACTED] <[REDACTED]@wsfroyaldocks.org>
Sent: 28 June 2021 15:21
To: [REDACTED] <[REDACTED]@royaldocks.london>; [REDACTED] <[REDACTED]@Royaldocks.london>
Subject: RE: parkrun hut

Thanks [REDACTED]

I had asked expressway as well but if you could do a re-introduction email that might speed things ahead?

[REDACTED]

From: [REDACTED] <[REDACTED]@royaldocks.london>

Sent: 28 June 2021 10:15

To: [REDACTED] <[REDACTED]@wsfroyaldocks.org>; [REDACTED] <[REDACTED]@Royaldocks.london>

Subject: RE: parkrun hut

Morning [REDACTED]

It's great to hear that you are finally starting Parkrun again.

Unfortunately I think by your start date Crystal Gardens will have been closed to enable work on the perimeter and making it secure for the arrival of the Mayor.

I have copied my colleague [REDACTED] into this email as he is managing the work programme at the Crystal and surrounding areas.

[REDACTED] is from West Silvertown Foundation and organises the Royal Victoria Dock park run. Due to Covid it has been cancelled for the last few months but as you can see from [REDACTED] email below they are hoping to start again in July.

Before 2020 they were given permission to use the Community Hut as a base to start and finish the race, serve tea etc. When it was confirmed that City Hall was moving to The Crystal their access to the community hut was stopped. But recently and due to the Mayor of London's support for the parkrun (<https://blog.parkrun.com/uk/2021/05/20/sadiq-khan-in-support-of-parkrun/>) it was agreed with Chris Harris that they could start using the community hut again. I am not sure how this might work with the building work but will leave you to update [REDACTED]

@ [REDACTED] – if the community hut is not available we have a good relationship with Expressway and I know they are keen to support local events and activities so I could introduce you to them and see if they could accommodate parkrun.

Thanks

[REDACTED]

Senior Events Manager

+44 (0) [REDACTED]

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—
Royal Docks Team

The Crystal, Royal Victoria Dock

Siemens Brothers Way, London E16 1GB



A joint initiative from the Mayor of London and Mayor of Newham

From: [REDACTED] <[REDACTED]@wsfroyaldocks.org>

Sent: 25 June 2021 09:29

To: [REDACTED] <[REDACTED]@rovaldocks.london>
Subject: parkrun hut

Hi [REDACTED]

We now have our official start date for all UK parkruns (pending 19th July going ahead). It will be Saturday 24th July.

This is also the [REDACTED] date as Formula E at the excel so we will start on 31st July instead. Please can you confirm whether we can use the crystal hut for this, and how we should access the key? (not sure if the system has changed now the building is being refurbished).

Thanks,

[REDACTED]
Community Development Manager
West Silvertown Foundation
Tel: [REDACTED]
www.wsfroyaldocks.org

My working days are Monday, Tuesday, Thursday and Friday



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The GLA stands against racism. Black Lives Matter.

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