

Vallance Community Sports Association - Najma

Background

Najma, a resilient 49-year-old resident of Tower Hamlets, began an extraordinary journey when she joined the EnAble Project at the Vallance Community Sports Association (VCSA) on 18th December 2024. Her referral on 6th February 2025 set her on a path filled with growth and learning, culminating in her course completion on 27th February 2025. This case study captures her inspiring journey of growth and educational aspirations.

Aims and Objectives

The EnAble Project was designed to provide participants with essential skills and knowledge to foster both personal and professional growth. As part of the Skills for Londoners Community Outreach Programme 2024-25, it facilitated access to training, further education, and enhanced community engagement.

How We Helped

Najma discovered the EnAble Project through her children, who are part of the Vallance Football Academy. Motivated by her children's enthusiasm, Najma joined the project and received support through various workshops and sessions. The Engagement Officer and Project Officer tailored the programme to address her specific needs, providing bespoke guidance and resources to help her achieve her goals.

Upon registering for the EnAble Project, Najma expressed her desire to learn basic literacy and mathematical skills. As a housewife for over 25 years, as well as mother to 5 children and carer for her late mother-in-law, Najma struggled to enrol in adult education in the past and upskill herself. This had severely hindered her growth and prospects. Now with health conditions and long covid effects, accessing adult learning is difficult for Najma. VCSA's EnAble project strived to bring adult learning to Najma so that she could engage in adult learning. Having completed the London Multiply programme, her enthusiasm for further learning has grown and she has asked VCSA to help her access further learning such as ESOL Maths/ English. VCSA will now strive to help Najma access further adult learning.

"I loved attending the workshops and learning new skills that I can apply in my daily life." – Najma.

Outcomes and Results

- **Education and engagement:** Najma's active participation in the workshops allowed her to gain valuable insights and skills. Her dedication and hard work led to the successful completion of the course on 27th February 2025.
- **Soft outcomes:** Throughout her journey, Najma experienced a significant boost in confidence and budgeting skills. She also developed a strong sense of community engagement and belonging, which has uplifted her spirit.
- **Current status:** Empowered by her newfound skills and confidence, Najma will explore further education opportunities with support from VCSA in her desired subjects. Her commitment to the EnAble Project remains unwavering as she committed to promote to prospective participants and share her experiences, intending to inspire others.
- **Impact:** The EnAble Project had a profound impact on Najma's life, equipping her with the tools and confidence to improve her numeracy skills. Her journey stands as a testament to the transformative power of community outreach programmes, inspiring countless others in her community.

This case study illustrates Najma's journey and educational journey through her involvement in the EnAble Project at VCSA. Her dedication and hard work exemplify the positive impact of the Community Outreach Programme, serving as a beacon of hope and inspiration for all.