

MAYOR OF LONDON

NDYP IMPACT: CASE STUDY

Hope for the Young

This has truly been one of the most life-changing things I've ever done. I feel deeply grateful to have been part of such an amazing organisation. Being able to meet week after week means that you can really see the impact you have, and get so much fulfilment from seeing the young person grow. I have learned so much about myself, and about how much of a difference we can all make. It has reaffirmed and given me proof forever that volunteering is worth every single minute and bit of energy put in. It has also reaffirmed to me just how much these young people can contribute to our society if only we give them the opportunity to grow and develop. They are capable of anything, all they need is someone there to remind them of that!

Mentor (Mentor of programme participant)

FIND OUT MORE:

london.gov.uk/new-deal-for-young-people



150+

High quality mentoring
organisations funded by City-Hall

#NewDealForYoungPeople

MAYOR OF LONDON

NDYP IMPACT: CASE STUDY

National Youth Theatre

I wasn't in the right headspace and I found it really hard to find my own safe space to fit in. I've been denied a lot of job opportunities in my life and I haven't found a lot of places to feel support for my wellbeing and actually feel needed, loved and cared for. I didn't have a community much in my life and, well, I have found it! I hope that my experiences with this programme will lead me on to bigger and better things: getting some good qualifications on my CV and, hopefully, finding a job in a production.

Young person (Mentoring programme participant)



£34m

invested in quality mentoring supporting the most disadvantaged young Londoners

FIND OUT MORE:

london.gov.uk/new-deal-for-young-people

#NewDealForYoungPeople

MAYOR OF LONDON

NDYP IMPACT: CASE STUDY

Clapton Support and Advice

Through the mentoring program, I've seen a huge boost in my self-esteem. I'm more confident in myself and my abilities. I've learned to advocate for my needs, whether at school or home. It's been empowering to understand that I deserve support too. Looking back, I'm so grateful that I took the plunge and joined the program. I've built connections that I know will last beyond the program, and I feel more equipped to face whatever life throws at me.

Young person (Mentoring programme participant)



£34m

invested in quality mentoring supporting the most disadvantaged young Londoners

FIND OUT MORE:

london.gov.uk/new-deal-for-young-people

#NewDealForYoungPeople

MAYOR OF LONDON

NDYP IMPACT: CASE STUDY

MCR Pathways

I became a mentor because I wanted to help young people. It is so important that young people feel seen and listened to - so many of them just need to be heard and to get guidance from someone they trust and who cares.

I was so nervous at our first meeting; I didn't know how it would go and what we would talk about. Within 20 minutes we both relaxed. We went for a walk around the school, and at the end I asked her how she had found it. "I really enjoyed it, it was brilliant, I really like talking to you." she said.

More recently she has told me that our time together gives her the opportunity

to be listened to and, knowing she has that outlet, stops her from getting angry and lashing out and getting in trouble.

I became a mentor to give back to young people and I didn't expect to get anything out of it for me but now it is my passion. Each week I really look forward to seeing my mentee and enjoy our time together. I wish I had started mentoring years ago and I wish MCR had been around then.

These young people are our future, they will be our doctors, nurses and emergency services, we need to support them.

Mentor (Mentor of programme participant)

FIND OUT MORE:

london.gov.uk/new-deal-for-young-people



150+

High quality mentoring
organisations funded by City-Hall

#NewDealForYoungPeople

MAYOR OF LONDON

NDYP IMPACT: CASE STUDY

St Mary's Centre

Mary's youth worker supported Eli to think about how he was feeling and grow his confidence to change things. Over time through the trusting relationship, Eli was able to give up weapons and four knives in total. Eli took the brave step of engaging with Mary's employment help. With mentoring through his preparation the job hunt was successful and Eli secured a role in a fast-food chain. Eli has moved away from bad influences and been earning a stable income for six months. Eli is seeing the world more positively!

Mentor (Mentor of Programme Participant)



£34m

invested in quality mentoring supporting
the most disadvantaged young
Londoners

FIND OUT MORE:

london.gov.uk/new-deal-for-young-people

#NewDealForYoungPeople

MAYOR OF LONDON



NDYP IMPACT: CASE STUDY

St Matthew Project

It's good to have a space to talk to someone because as young men we don't always express ourselves. It's not good to hold things in because it builds up. It's like having a pipe that is blocked, things build up and it bursts and people retaliate. It's a community in here. It's live, still, a nice place to come to.

Young person (Mentoring programme participant)

100,000+

young Londoners have
had access to mentoring

#NewDealForYoungPeople

FIND OUT MORE:

london.gov.uk/new-deal-for-young-people