

## Eating Disorders in London – Health Committee

February 2024

### Eating Disorders Investigation Freedom of Information Responses

The following document outlines the information received from NHS Trusts as part of the London Assembly Health Committee's investigation into eating disorders in London.

The Committee is grateful to Trusts for providing information.

#### Barnet, Enfield and Haringey Mental Health NHS Trust

##### *Information relating to adults*

The number of adult eating disorder referrals in the Trust for each financial year since 2016/17, broken down by:

##### Total number

	2016-2017	2017-2018	2018-2019	2019-2020	2020-2021	2021-2022	2022-2023	2023-2024	Grand Total
Number of Patients	1228	1323	1277	1274	1284	1586	1298	554	7028

##### Total number of referrals which started treatment

	2016-2017	2017-2018	2018-2019	2019-2020	2020-2021	2021-2022	2022-2023	2023-2024	Grand Total
Total number of Patients Started Treatment	1181	1150	1174	1227	1542	1647	1371	265	9557

##### Total number of rejected referrals

	2016-2017	2017-2018	2018-2019	2019-2020	2020-2021	2021-2022	2022-2023	2023-2024	Grand Total
Number of Rejected Referral	319	378	479	467	210	338	275	91	2557

##### Gender, including transgender if held

Gender	2016-2017	2017-2018	2018-2019	2019-2020	2020-2021	2021-2022	2022-2023	2023-2024	Grand Total
Female	1110	1187	1166	1173	1182	1442	1161	505	6335
Male	118	136	111	100	101	143	137	48	689
Not Specified				1	1	1		1	4
Grand Total	1228	1323	1277	1274	1284	1586	1298	554	7028

##### Age – 18-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70+

Age Group	2016-2017	2017-2018	2018-2019	2019-2020	2020-2021	2021-2022	2022-2023	2023-2024	Grand Total
18-19	188	235	209	213	258	419	303	81	1906
20-24	496	521	541	590	703	885	633	176	4545
25-29	414	412	518	486	515	632	484	182	3643
30-34	279	283	341	316	339	372	334	127	2391
35-39	190	208	194	220	183	206	204	56	1461

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40-44	96	136	110	104	118	134	141	56	895
45-49	116	112	92	94	89	100	76	22	701
50-54	81	105	74	72	54	80	72	17	555
55-59	68	54	65	46	36	48	82	37	436
60-64	37	22	17	20	26	28	36	13	199
65-69	9	19	12	7	8	4	14	2	75
70+	5	9	3	15	14	23	24	3	96
NULL	18	15	39	16	10	16	6	3	123
Grand Total	1997	2131	2215	2199	2353	2947	2409	775	17026

Ethnicity – white, black, Asian, mixed or multiple ethnic groups, other ethnic group

[illegible]

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Mixed - Any other mixed background	19	17	73	78	36	52	23	3	301
Mixed - Asian and Chinese						3	4	2	9
Mixed - Black and Asian		3	1		1	1			6
Mixed - Black and White	1	6		1	4	6	15	3	36
Mixed - Chinese and White		1		1	2	1	2		7
Mixed - Other/Unspecified	6	14	16	29	32	35	26	21	179
Mixed - White & Asian	22	17	25	16	33	40	21	13	187
Mixed - White & Black African	14	9	17	9	11	23	13	6	102
Mixed - White & Black Caribbean	14	24	33	29	39	40	39	6	224
Not Known	2	1	1				1		5
Not Known (Not Requested)	70	24	35	20	5	2	11	32	199
Not Known (Unable to Request)	143	269	229	184	6	3	10	16	860
Not Stated (Client Refused)	6	5	13	2	1	4	6	3	40
Not Stated (Client unable to Choose)			5						5
Not Stated (Not Requested)	12	11	10	6	3	4	2	4	52
Other Ethnic Groups - Any Other Group	100	49	26	19	6	9	10	25	244
Other Ethnic Groups - Arab	1	2	4	5	7	13	12	2	46
Other Ethnic Groups - Chinese	28	20	14	28	27	78	31	16	242
Other Ethnic Groups - Filipino					4	2	1	1	8
Other Ethnic Groups - Iranian	4	8	1	6	3	5	9	1	37
Other Ethnic Groups - Israeli	2	1			1	1	3		8
Other Ethnic Groups - Japanese	2	3	1	4		8	2		20
Other Ethnic Groups - Kurdish	2	2	4		4	6	2	1	21
Other Ethnic Groups - Latin American	1	3	4	2	4	1	6	3	24
Other Ethnic Groups - Malaysian					1				1
Other Ethnic Groups - Maur/SEyc/Mald/StHelen				3	2				5
Other Ethnic Groups - Moroccan			3	3	2	2	1	1	12
Other Ethnic Groups - North African	1		1	1	4	1	1		9
Other Ethnic Groups - Other Middle East			1	4	3	9	2		19
Other Ethnic Groups - South/Central American	5	6	8	6	3	2	3	1	34
Other Ethnic Groups - Vietnamese						3	1	1	5
Refused	1								1
White - Albanian		2				5			7
White - Any other background	126	161	170	199	114	125	90	39	1024
White - Bosnian			2		2	6	1		11

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White - British	847	930	969	882	1131	1257	1029	255	7300
White - Cypriot (part not stated)			2	1	1		4	2	10
White - English	40	18	22	38	25	30	57	31	261
White - Greek	8	10	9	22	11	10	6	2	78
White - Greek Cypriot	13	19	12	16	11	9	4	1	85
White - Gypsy/Romany		1	4		2	2			9
White - Irish	40	40	45	46	47	46	49	12	325
White - Italian	15	8	11	9	35	35	19	2	134
White - Kosovan		1							1
White - Mixed White	5	7	8	9	2	6	6	2	45
White - Northern Irish				1		7			8
White - Other European	45	45	41	56	82	110	70	12	461
White - Other Republics of former Yugoslavia	1	3							4
White - Other/Unspecified	11	12	34	52	143	252	203	56	763
White - Polish	12	13	16	34	35	33	22	5	170
White - Scottish	2	3		2	2	1			10
White - Serbian							1	1	2
White - Turkish	25	42	16	18	29	36	38	7	211
White - Turkish Cypriot	7	6	2	11	5	6		3	40
White - Welsh	3	1			1	3	3	1	12
Grand Total	1997	2131	2215	2199	2353	2947	2409	775	17026

Diagnosis – anorexia nervosa, bulimia nervosa, binge eating disorder, other specified feeding or eating disorder (OSFED), avoidance/restrictive food intake disorder (ARFID)

Diagnosis	2016-2017	2017-2018	2018-2019	2019-2020	2020-2021	2021-2022	2022-2023	2023-2024	Grand Total
Anorexia nervosa	356	329	534	544	720	772	825	233	4313
Atypical anorexia nervosa	90	117	129	144	136	106	83	12	817
Atypical bulimia nervosa	24	17	33	56	53	15	5	2	205
Bulimia nervosa	166	273	426	321	269	315	231	44	2045
Eating disorder, unspecified	132	124	133	92	121	165	103	27	897
Obsessive-compulsive disorder, unspecified	2	9	1	1		5			18
Other eating disorders	31	53	68	56	47	80	72	19	426
Grand Total	801	922	1324	1214	1346	1458	1319	337	8721

Waiting times for treatment for adults for each financial year since 2016/17, broken down by

	2016-2017	2017-2018	2018-2019	2019-2020	2020-2021	2021-2022	2022-2023	2023-2024	Grand Total
Average Waiting For Treatment	83	85	90	84	60	64	65	77	74

	2016-2017	2017-2018	2018-2019	2019-2020	2020-2021	2021-2022	2022-2023	2023-2024	Grand Total
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Waiting between more than four weeks and up to 12 weeks	331	272	347	323	450	472	342	108	2645
Waiting more than 12 weeks	17	4	4	4	6	5	5	2	47
Waiting more than one week and up to four weeks	248	251	256	231	421	366	413	118	2304
Waiting one week or less	83	90	90	157	244	301	277	100	1342
Grand Total	679	617	697	715	1121	1144	1037	328	6338

	Wait Time (Days)																
Financial Year	369	377	380	385	386	393	402	407	420	434	435	458	491	513	518	565	Grand Total
2016-2017								< 5	< 5			< 5					< 5
2018-2019				< 5		< 5	< 5	< 5		< 5	< 5						< 5
2019-2020		< 5			< 5												< 5
2020-2021													< 5				< 5
2022-2023	< 5		< 5														< 5
2023-2024										< 5				< 5	< 5	< 5	< 5
Grand Total	< 5	< 5	< 5	< 5	< 5	< 5	< 5	< 5	< 5	< 5	< 5	< 5	< 5	< 5	< 5	< 5	19

### Information relating to children

The number of **child (under 18)** eating disorder referrals in the Trust for each financial year since 2016/17, broken down by:

Total number

	2016-2017	2017-2018	2018-2019	2019-2020	2020-2021	2021-2022	2022-2023	2023-2024	Grand Total
<b>Referrals</b>	120	121	150	129	117	213	132	59	1041

Gender, including transgender if held

	FinYear								
Gender	2016-2017	2017-2018	2018-2019	2019-2020	2020-2021	2021-2022	2022-2023	2023-2024	Grand Total

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Female	114	115	143	122	112	202	125	45	978
Male	6	6	7	7	5	11	7	14	63
<b>Grand Total</b>	<b>120</b>	<b>121</b>	<b>150</b>	<b>129</b>	<b>117</b>	<b>213</b>	<b>132</b>	<b>59</b>	<b>1041</b>

Ethnicity – white, black, Asian, mixed or multiple ethnic groups, other ethnic group

<b>Ethnicity</b>	<b>2016-2017</b>	<b>2017-2018</b>	<b>2018-2019</b>	<b>2019-2020</b>	<b>2020-2021</b>	<b>2021-2022</b>	<b>2022-2023</b>	<b>2023-2024</b>	<b>Grand Total</b>
Any Other Group			1	1	1	2		4	9
Asian or Asian British - Any other background	9	5	3		3	6			26
Asian or Asian British - Bangladeshi	1	7	4	11	2	8	5	7	45
Asian or Asian British - British							1	3	4
Asian or Asian British - Caribbean Asian	1								1
Asian or Asian British - Indian		4	1	1	2	3	2	1	14
Asian or Asian British - Other/Unspecified		1	4	1		14	3		23
Asian or Asian British - Pakistani	2		1			5	2		10
Asian or Asian British - Sri Lanka			1			9			10
Black or Black British - African	11	1		4		9			25
Black or Black British - Any other background					1	1			2
Black or Black British - Caribbean	3	2		3	4	2			14
Black or Black British - Nigerian					1				1
Black or Black British - Other/Unspecified					4	1	4	1	10
Black or Black British - Somali				1					1
Mixed - Any other mixed background	2		5	6	2	1			16
Mixed - Black and Asian		3	1						4

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Mixed - Black and White		2					2		4
Mixed - Chinese and White				1	2				3
Mixed - Other/Unspecified	1					3	1	3	8
Mixed - White & Asian	4	6	6	1	10	5	1	2	35
Mixed - White & Black African			7		1				8
Mixed - White & Black Caribbean		1	5	3	2	3	2		16
Not Known (Not Requested)	4		4					6	14
Not Known (Unable to Request)	10	15	21	11				2	59
Not Stated (Client Refused)			1					1	2
Not Stated (Not Requested)		1	2	1			1		5
Other Ethnic Groups - Any Other Group	1	1	2	3					7
Other Ethnic Groups - Arab		1	1						2
Other Ethnic Groups - Chinese				1		6	3	2	12
Other Ethnic Groups - Iranian						2			2
Other Ethnic Groups - Israeli							1		1
Other Ethnic Groups - Kurdish			1						1
Other Ethnic Groups - Moroccan								1	1
Other Ethnic Groups - Other Middle East				1					1
Other Ethnic Groups - South/Central American		1							1
White - Any other background	4	1	5	15	8	5	12	1	51
White - British	65	59	69	47	59	74	65	24	462
White - Cypriot (part not stated)					1				1
White - English		2		4	1	9			16
White - Greek Cypriot	1					1			2
White - Irish			2	7	5				14

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White - Italian					1				1
White - Mixed White						3			3
White - Other European			2	5	1	22	3		33
White - Other/Unspecified			1	1	5	12	16	1	36
White - Polish					1	2			3
White - Turkish	1	8				5	8		22
<b>Grand Total</b>	<b>120</b>	<b>121</b>	<b>150</b>	<b>129</b>	<b>117</b>	<b>213</b>	<b>132</b>	<b>59</b>	<b>1041</b>

Diagnosis – anorexia nervosa, bulimia nervosa, binge eating disorder, other specified feeding or eating disorder (OSFED), avoidance/restrictive food intake disorder (ARFID)

Response: There were no ARFID diagnosis recorded

<b>Anorexia Nervosa</b>	<b>2016-2017</b>	<b>2017-2018</b>	<b>2018-2019</b>	<b>2019-2020</b>	<b>2020-2021</b>	<b>2021-2022</b>	<b>2022-2023</b>	<b>2023-2024</b>	<b>Grand Total</b>
1	57	38	67	42	48	84	46	9	391
<b>Bulimia Nervosa</b>	<b>2016-2017</b>	<b>2017-2018</b>	<b>2018-2019</b>	<b>2019-2020</b>	<b>2020-2021</b>	<b>2021-2022</b>	<b>2022-2023</b>	<b>Grand Total</b>	
1	2	2	19	8	5	25	15	76	
<b>OSFED</b>	<b>2016-2017</b>	<b>2017-2018</b>	<b>2018-2019</b>	<b>2019-2020</b>	<b>2020-2021</b>	<b>2021-2022</b>	<b>2022-2023</b>	<b>2023-2024</b>	<b>Grand Total</b>
1	12	11	10	2	14	15	9	6	79

## Central and North West London NHS Foundation Trust

*Information relating to adults*

Number of Adult ED Referrals (All Outcomes) By Financial Year

<b>Financial Year Period</b>	<b>Total Referrals</b>
F Year 19/20	1237
F Year 20/21	1198
F Year 21/22	1748
F Year 22/23	2106
F Year 23/24	1414

Total Number of Adult ED Referrals Starting Treatment

<b>Financial Year Period</b>	<b>Referrals Starting Treatment</b>
F Year 19/20	684
F Year 20/21	704



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F Year 21/22	897
F Year 22/23	1288
F Year 23/24	656

### Number of Adult ED Referrals Rejected

Financial Year Period	Referrals Rejected
F Year 19/20	337
F Year 20/21	273
F Year 21/22	391
F Year 22/23	357
F Year 23/24	218

### Number of Adult ED Referrals (All Outcomes) by Gender

<b>F Year 19/20</b>	<b>1237</b>
Female	1128
Male	105
Not Specified	4
<b>F Year 20/21</b>	<b>1198</b>
Female	1091
Male	105
Not Known	1
Not Specified	1
<b>F Year 21/22</b>	<b>1748</b>
Female	1585
Male	162
Not Known	1
<b>F Year 22/23</b>	<b>2106</b>
Female	1944
Male	161
Not Known	1
<b>F Year 23/24</b>	<b>1414</b>
Female	1276
Male	138

### Number of Adult ED Referrals (All Outcomes) by Age at Referral Date

<b>F Year 19/20</b>	<b>1237</b>
< 18	87
18-19	73
20-24	342
25-29	291
30-34	153
35-39	105
40-44	45
45-49	52
50-54	31
55-59	20
60-64	21
65-69	10
70 +	7

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<b>F Year 20/21</b>	<b>1198</b>
< 18	111
18-19	67
20-24	390
25-29	276
30-34	116
35-39	80
40-44	44
45-49	50
50-54	33
55-59	16
60-64	11
65-69	3
70 +	1
<b>F Year 21/22</b>	<b>1748</b>
< 18	178
18-19	117
20-24	552
25-29	342
30-34	191
35-39	97
40-44	98
45-49	62
50-54	46
55-59	30
60-64	8
65-69	10
70 +	17
<b>F Year 22/23</b>	<b>2106</b>
< 18	184
18-19	138
20-24	603
25-29	458
30-34	229
35-39	153
40-44	111
45-49	62
50-54	65
55-59	51
60-64	24
65-69	11
70 +	17
<b>F Year 23/24</b>	<b>1414</b>
< 18	127
18-19	68
20-24	357
25-29	314
30-34	195
35-39	98
40-44	72
45-49	54
50-54	60

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55-59	33
60-64	21
65-69	8
70 +	7

### Number of Adult ED Referrals (All Outcomes) by Ethnicity

<b>F Year 19/20</b>	<b>1237</b>
Asian or Asian British - Any other Asian background	31
Asian or Asian British - Bangladeshi	5
Asian or Asian British - Indian	45
Asian or Asian British - Pakistani	11
Black or Black British - African	37
Black or Black British - Any other Black background	13
Black or Black British - Caribbean	21
Mixed - Any other mixed background	156
Mixed - White and Asian	14
Mixed - White and Black African	4
Mixed - White and Black Caribbean	8
Not known	39
Not stated	206
Other Ethnic Groups - Any other ethnic group	96
Other Ethnic Groups - Chinese	17
White - Any other White background	162
White - British	357
White - Irish	15
<b>F Year 20/21</b>	<b>1198</b>
Asian or Asian British - Any other Asian background	24
Asian or Asian British - Bangladeshi	6
Asian or Asian British - Indian	32
Asian or Asian British - Pakistani	13
Black or Black British - African	24
Black or Black British - Any other Black background	17
Black or Black British - Caribbean	24
Mixed - Any other mixed background	137
Mixed - White and Asian	11
Mixed - White and Black African	10
Mixed - White and Black Caribbean	9
Not known	27
Not stated	325
Other Ethnic Groups - Any other ethnic group	66
Other Ethnic Groups - Chinese	12
White - Any other White background	126
White - British	330
White - Irish	5
<b>F Year 21/22</b>	<b>1748</b>
Asian or Asian British - Any other Asian background	45
Asian or Asian British - Bangladeshi	15

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Asian or Asian British - Indian	57
Asian or Asian British - Pakistani	26
Black or Black British - African	45
Black or Black British - Any other Black background	17
Black or Black British - Caribbean	14
Mixed - Any other mixed background	146
Mixed - White and Asian	26
Mixed - White and Black African	13
Mixed - White and Black Caribbean	15
Not known	18
Not stated	672
Other Ethnic Groups - Any other ethnic group	99
Other Ethnic Groups - Chinese	17
White - Any other White background	161
White - British	350
White - Irish	12
<b>F Year 22/23</b>	<b>2106</b>
Asian or Asian British - Any other Asian background	70
Asian or Asian British - Bangladeshi	20
Asian or Asian British - Indian	81
Asian or Asian British - Pakistani	28
Black or Black British - African	47
Black or Black British - Any other Black background	46
Black or Black British - Caribbean	19
Mixed - Any other mixed background	252
Mixed - White and Asian	34
Mixed - White and Black African	20
Mixed - White and Black Caribbean	13
Not known	25
Not stated	549
Other Ethnic Groups - Any other ethnic group	140
Other Ethnic Groups - Chinese	56
White - Any other White background	286
White - British	394
White - Irish	26
<b>F Year 23/24</b>	<b>1414</b>
Asian or Asian British - Any other Asian background	43
Asian or Asian British - Bangladeshi	12
Asian or Asian British - Indian	70
Asian or Asian British - Pakistani	20
Black or Black British - African	47
Black or Black British - Any other Black background	39
Black or Black British - Caribbean	37
Mixed - Any other mixed background	180
Mixed - White and Asian	19
Mixed - White and Black African	7
Mixed - White and Black Caribbean	13
Not known	13
Not stated	302

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Other Ethnic Groups - Any other ethnic group	113
Other Ethnic Groups - Chinese	39
White - Any other White background	179
White - British	258
White - Irish	23

Adult ED Diagnosis (Patients seen and then subsequently diagnosed with one of the Diagnoses in Scope)

<b>F Year Period</b>	<b>Anorexia nervosa (F50.0)</b>	<b>Atypical anorexia nervosa (F51.0)</b>	<b>Atypical bulimia nervosa (F50.3)</b>	<b>Bulimia nervosa (F50.2)</b>	<b>Other eating disorders (F50.8)</b>
F Year 19/20	105	14	4	26	3
F Year 20/21	92	8	5	17	
F Year 21/22	81	3		20	5
F Year 22/23	102	4	3	53	10
F Year 23/24	18			11	7

Adult ED Referrals - Average Number of Days Waited to Treatment

<b>Financial Year Period</b>	<b>Avg Wait (Days)</b>
F Year 19/20	51.1
F Year 20/21	44.8
F Year 21/22	69.4
F Year 22/23	73.9
F Year 23/24	74.5

Adult ED Waiting Times by

<b>Financial Year Period</b>	<b>0 to 1 Weeks</b>	<b>1+ to 4 Weeks</b>	<b>4+ to 12 Weeks</b>	<b>Over 12 Weeks</b>
F Year 19/20	144	189	162	171
F Year 20/21	143	166	193	129
F Year 21/22	167	202	181	258
F Year 22/23	362	340	178	292
F Year 23/24	218	283	118	328

Adult ED Longest Waits - Longest Wait for Referral Starting in F/Year Period to 1st Contact

<b>Financial Year Period</b>	<b>Wait Time (Days)</b>
F Year 19/20	531
F Year 20/21	288
F Year 21/22	275
F Year 22/23	1216
F Year 23/24	960

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*Information relating to children*

Number of CYP ED Referrals (All Outcomes) By Financial Year

<b>Financial Year Period</b>	<b>Number of Referrals</b>
F Year 19/20	317
F Year 20/21	526
F Year 21/22	603
F Year 22/23	345
F Year 23/24	175

Number of CYP ED Referrals (All Outcomes) by Gender

<b>Financial Year Period</b>	<b>Number of Referrals</b>
<b>F Year 19/20</b>	<b>317</b>
Female	256
Male	61
<b>F Year 20/21</b>	<b>526</b>
Female	450
Male	76
<b>F Year 21/22</b>	<b>603</b>
Female	542
Male	61
<b>F Year 22/23</b>	<b>345</b>
Female	293
Male	52
<b>F Year 23/24</b>	<b>175</b>
Female	155
Male	19
Not Specified	1

Number of CYP ED Referrals (All Outcomes) by Ethnicity

<b>Financial Year Period</b>	<b>Number of Referrals</b>
<b>F Year 19/20</b>	<b>317</b>
Asian or Asian British - Any other Asian background	17
Asian or Asian British - Bangladeshi	3
Asian or Asian British - Indian	18
Asian or Asian British - Pakistani	7
Black or Black British - African	8
Black or Black British - Any other Black background	6
Black or Black British - Caribbean	10
Mixed - Any other mixed background	44
Mixed - White and Asian	10
Mixed - White and Black African	5
Mixed - White and Black Caribbean	3
Not known	15
Not stated	22
Other Ethnic Groups - Any other ethnic group	19

## Eating Disorders in London – Health Committee

February 2024

Other Ethnic Groups - Chinese	5
White - Any other White background	37
White - British	87
White - Irish	1
<b>F Year 20/21</b>	<b>526</b>
Asian or Asian British - Any other Asian background	29
Asian or Asian British - Bangladeshi	4
Asian or Asian British - Indian	30
Asian or Asian British - Pakistani	7
Black or Black British - African	21
Black or Black British - Any other Black background	9
Black or Black British - Caribbean	10
Mixed - Any other mixed background	65
Mixed - White and Asian	13
Mixed - White and Black African	8
Mixed - White and Black Caribbean	8
Not known	6
Not stated	73
Other Ethnic Groups - Any other ethnic group	43
Other Ethnic Groups - Chinese	1
White - Any other White background	64
White - British	134
White - Irish	1
<b>F Year 21/22</b>	<b>603</b>
Asian or Asian British - Any other Asian background	38
Asian or Asian British - Bangladeshi	19
Asian or Asian British - Indian	62
Asian or Asian British - Pakistani	10
Black or Black British - African	15
Black or Black British - Any other Black background	10
Black or Black British - Caribbean	14
Mixed - Any other mixed background	41
Mixed - White and Asian	16
Mixed - White and Black African	3
Mixed - White and Black Caribbean	13
Not known	2
Not stated	77
Other Ethnic Groups - Any other ethnic group	65
Other Ethnic Groups - Chinese	3
White - Any other White background	73
White - British	142
<b>F Year 22/23</b>	<b>345</b>
Asian or Asian British - Any other Asian background	18
Asian or Asian British - Bangladeshi	9
Asian or Asian British - Indian	32
Asian or Asian British - Pakistani	10
Black or Black British - African	6
Black or Black British - Any other Black background	6
Black or Black British - Caribbean	13
Mixed - Any other mixed background	38
Mixed - White and Asian	10
Mixed - White and Black Caribbean	8

## Eating Disorders in London – Health Committee

February 2024

Not stated	31
Other Ethnic Groups - Any other ethnic group	32
White - Any other White background	39
White - British	91
White - Irish	2
<b>F Year 23/24</b>	<b>175</b>
Asian or Asian British - Any other Asian background	7
Asian or Asian British - Bangladeshi	3
Asian or Asian British - Indian	12
Asian or Asian British - Pakistani	6
Black or Black British - African	3
Black or Black British - Any other Black background	3
Black or Black British - Caribbean	2
Mixed - Any other mixed background	24
Mixed - White and Asian	1
Mixed - White and Black Caribbean	1
Not stated	22
Other Ethnic Groups - Any other ethnic group	11
Other Ethnic Groups - Chinese	3
White - Any other White background	25
White - British	52

CYP ED Diagnosis (Patients seen and then subsequently diagnosed with one of the Diagnoses in Scope)

Financial Year Period	Anorexia nervosa (F50.0)	Atypical anorexia nervosa (F50.1)	Atypical bulimia nervosa (F50.3)	Bulimia nervosa (F50.2)	Other eating disorders (F50.8)
F Year 19/20	17	4		1	
F Year 20/21	25	2		1	4
F Year 21/22	23	2	3	5	3
F Year 22/23	2			3	2
F Year 23/24	1	1			



**Eating Disorders in London – Health Committee**  
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**East London NHS Foundation Trust**

*Information related to adults*

**Question 1: The number of adult eating disorder referrals in the Trust for each financial year since 2016/17, broken down by:**

**Total number**

<b>Year</b>	<b>Total Referrals</b>
2016/17	168
2017/18	168
2018/19	172
2019/20	244
2020/21	245
2021/22	276
2022/23	321

**Total number of referrals which started treatment**

<b>Year</b>	<b>Treatment Started</b>
2016/17	7
2017/18	29
2018/19	51
2019/20	57
2020/21	44
2021/22	56
2022/23	73

**Total number of rejected referrals**

The Trust has interpreted “rejected referrals” as inappropriate referral/no service capacity where a discharge date is in the period requested. Please see table below:

<b>Year</b>	<b>Inappropriate referral/no service capacity</b>
2016/17	32
2017/18	27
2018/19	38
2019/20	38
2020/21	30
2021/22	36
2022/23	23

**Gender, including transgender if held**

<b>Year</b>	<b>Male</b>	<b>Female</b>
2016/17	10	158
2017/18	20	148
2018/19	9	163
2019/20	33	211
2020/21	23	222
2021/22	25	251
2022/23	41	280

## Eating Disorders in London – Health Committee

February 2024

**Age – 18-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70+**

<b>Age</b>	<b>2016/17</b>	<b>2017/18</b>	<b>2018/19</b>	<b>2019/20</b>	<b>2020/21</b>	<b>2021/22</b>	<b>2022/23</b>
18-19	17	17	23	29	43	44	36
20-24	42	37	43	58	71	78	66
25-29	38	33	31	42	34	43	67
30-34	14	22	17	34	33	47	39
35-39	15	14	22	27	17	27	37
40-44	14	8	11	14	18	14	15
45-49	16	15	13	14	12	7	17
50-54	8	15	5	10	8	4	21
55-59	3	3	6	8	6	5	10
60-64	1	3	1	4	1	1	7
65-69	0	0	0	3	2	4	3
70+	0	1	0	1	0	2	3

**Eating Disorders in London – Health Committee**  
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**Ethnicity – white, black, Asian, mixed or multiple ethnic groups, other ethnic group**

<b>Ethnicity</b>	<b>2016 /17</b>	<b>2017/ 18</b>	<b>2018 /19</b>	<b>2019/ 20</b>	<b>2020/ 21</b>	<b>2021/ 22</b>	<b>2022 /23</b>
Asian or Asian British - Any other background	4	5	5	4	3	2	2
Asian or Asian British - Bangladeshi	1	0	1	0	1	2	2
Asian or Asian British - Indian	1	1	4	2	2	1	0
Asian or Asian British - Pakistani	2	4	3	1	2	4	5
Black or Black British - African	0	0	2	0	2	0	2
Black or Black British - Any other background	0	2	0	0	0	1	2
Black or Black British - Caribbean	0	3	2	1	0	0	3
Mixed - Any other mixed background	0	2	1	3	3	3	2
Mixed - White & Asian	1	4	4	1	2	2	3
Mixed - White & Black African	0	0	0	0	0	1	1
Mixed - White & Black Caribbean	3	0	2	2	3	2	2
Not Known	6	6	3	14	14	8	25
Not Stated (Not Requested)	58	40	44	61	76	104	106
Other Ethnic Groups - Any other Ethnic Group	1	1	2	2	3	1	6
Other Ethnic Groups - Chinese	0	1	0	1	0	0	0
White - Any other background	5	8	6	11	6	10	15
White - British	85	91	93	140	128	134	144
White - Irish	1	0	0	1	0	1	1

## Eating Disorders in London – Health Committee

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**Diagnosis – anorexia nervosa, bulimia nervosa, binge eating disorder, other specified feeding or eating disorder (OSFED), avoidance/restrictive food intake disorder (ARFID)**

Primary Diagnosis	2016/17	2017/18	2018/19	2019/20	2020/21	2021/22	2022/23
Anorexia Nervosa	5	4	1	5	12	5	5
Bulimia Nervosa	0	0	0	0	0	0	4
Binge Eating Disorder	1	0	0	0	0	0	0
Other specified feeding or eating disorder (OSFED), avoidance/restrictive food intake disorder (ARFID)	11	3	5	8	9	4	9

### **Waiting times for treatment for adults for each financial year since 2016/17, broken down by**

#### **a. Average number of days**

Answer: The Trust can only provide a current snapshot. The current waiting time average is 31 days.

#### **b. Number of adults waiting one week or less**

Answer: The Trust can only provide a current snapshot. The current number of adults waiting one week or less is six.

#### **c. Number of adults waiting more than one week and up to four weeks**

Answer: The Trust can only provide a current snapshot. The current number of adults waiting more than one week and up to four weeks is seven.

#### **d. Number of adults waiting between more than four weeks and up to 12 weeks**

Answer: The Trust can only provide a current snapshot. The current number of adults waiting more than four weeks and up to 12 weeks is 13.

#### **e. Number of adults waiting more than 12 weeks**

Answer: The Trust can only provide a current snapshot. The current number of adults waiting more than 12 weeks is two.

#### **f. Longest number of days a patient has waited**

Answer: The Trust can only provide a current snapshot. The current longest number of days a patient has waited is 112 days

**Eating Disorders in London – Health Committee**  
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*Information relating to children*

**The number of child (under 18) eating disorder referrals in the Trust for each financial year since 2016/17, broken down by:**

**a. Total number.**

**b. Gender, including transgender if held.**

**c. Ethnicity – white, black, Asian, mixed or multiple ethnic groups, other ethnic group.**

<b>Year</b>	<b>Total no. of referrals</b>	<b>Gender</b>	<b>Ethnicity</b>
2016/2017	178	157 Female 21 Male	89 White 9 Black 49 Asian 6 Mixed 15 Other 10 Unknown
2017/2018	258	221 Female 36 Male 1 Unknown	140 White 11 Black 69 Asian 9 Mixed 18 Other 11 Unknown
2018/2019	234	207 Female 27 Male	108 White 11 Black 54 Asian 14 Mixed 28 Other 19 Unknown
2019/2020	310	253 Female 57 Male	156 White 11 Black 69 Asian 13 Mixed 44 Other 17 Unknown
2020/2021	505	416 Female 88 Male 1 Unknown	266 White 29 Black 87 Asian 28 Mixed 81 Other 14 Unknown
2021/2022	527	462 Female 65 Male	306 White 28 Black 77 Asian 26 Mixed 65 Other 25 Unknown
2022/2023	493	427 Female 66 Male	279 White 16 Black 77 Asian 39 Mixed 62 Other 20 Unknown

## Eating Disorders in London – Health Committee

February 2024

### North East London NHS Foundation Trust

#### Information relating to adults

##### Referrals

Title	2016/ 2017	2017/ 2018	2018/ 2019	2019/ 2020	2020/ 2021	2021/ 2022	2022/ 2023	Total
Total number of Referrals	410	728	865	1006	1260	1756	1340	7365
Total number of referrals which started treatment	333	521	598	619	777	847	799	4494
Total number of rejected referrals	46	84	176	351	457	762	423	2299

##### Gender

	2016/ 2017	2017/ 2018	2018/ 2019	2019/ 2020	2020/ 2021	2021/ 2022	2022/ 2023	Total
Not Specified	0	0	1	0	0	3	2	6
Female	378	658	780	896	1129	1612	1218	6672
Male	32	70	84	110	131	141	120	6671

##### Age

	2016/2017	2017/2018	2018/2019	2019/2020	2020/2021	2021/2022	2022/2023	Total
18-19	49	117	123	132	201	291	115	1028
20-24	99	175	207	262	374	408	219	1744
25-29	84	117	154	182	201	321	260	1319
30-34	60	75	105	115	157	217	205	934
35-39	41	79	76	104	94	151	152	697
40-44	31	56	60	58	79	121	116	521
45-49	19	44	58	50	52	81	82	386
50-59	18	30	39	33	42	74	73	309
55-59	3	19	11	23	29	44	62	191
60-64	4	9	17	21	10	22	31	114
65-69	1	3	9	13	12	16	15	69
70+	1	4	6	13	9	10	10	53

##### Ethnicity

	2016/ 2017	2017/2018	2018/2019	2019/2020	2020/2021	2021/2022	2022/2023	Total
Asian	44	48	52	49	54	71	61	379

## Eating Disorders in London – Health Committee

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Not Known	0	157	234	325	485	802	336	2339
Mixed	10	24	19	26	25	32	45	181
Black	13	13	27	18	23	32	34	160
White	332	472	523	577	656	792	849	4201
Other	11	14	10	11	17	27	15	105

### Diagnosis

Comment: based on one diagnosis some patients have more than one

	2016/ 2017	2017/ 2018	2018/ 2019	2019/20 20	2020/20 21	2021/20 22	2022/20 23	Tot al
Atypical bulimia nervosa	1	1	1	7	15	5	6	36
Eating Disorders	247	577	726	741	898	1382	927	5498
Other Eating Disorders	2	9	20	40	64	77	86	298
NULL	107	70	0	0	0	0	0	177
Eating Disorders, unspecified	5	5	15	24	20	34	37	140
Vomiting associated with other psychological disturbances	0	0	1	1	0	0	0	2
Atypical anorexia nervosa	2	8	11	37	62	71	80	271
Anorexia nervosa	28	31	53	79	102	103	121	517
Overeating associated with other psychological disturbances	0	0	0	0	1	0	0	1
Bulimia nervosa	18	27	38	77	98	84	83	425

### Waiting times for treatment for adults

	2016/2017	2017/2018	2018/2019	2019/2020	2020/2021	2021/2022	2022/2023
waiting more than 12 weeks	12	56	67	96		4	
waiting one week or less	76	74	114	177	371	459	47
waiting up to 12 weeks	88	199	174	145	73	125	9

## Eating Disorders in London – Health Committee

February 2024

waiting up to four weeks	157	192	243	201	333	258	21
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Longest number of days a patient has waited

2016/2017	2017/2018	2018/2019	2019/2020	2020/2021	2021/2022	2022/2023
338	511	335	293	83	130	137

### Information relating to children

Total number of referrals

	2016/17	2017/18	2018/19	2019/20	2020/21	2021/22	2022/23	Total
Total number of Referrals	283	453	706	828	1146	1760	1351	6527

Gender

	2016/2017	2017/2018	2018/2019	2019/2020	2020/2021	2021/2022	2022/2023	Total
Not Specified	0	0	1	1	2	0	2	6
Female	244	390	612	710	1013	1581	1177	5727
Unknown	0	0	0	0	0	1	0	1
Male	39	63	93	117	131	178	172	793

Ethnicity

	2016/2017	2017/2018	2018/2019	2019/2020	2020/2021	2021/2022	2022/2023	Total
Asian	22	32	41	48	34	74	67	318
Not Known	20	54	128	122	249	442	223	1238
Black	11	8	18	17	17	25	23	119
Mixed	16	27	38	47	72	100	99	399
White	210	327	472	591	760	1094	922	4376
Other	4	5	9	3	14	25	17	77

Diagnosis

	2016/17	2017/18	2018/19	2019/20	2020/21	2021/22	2022/23	Total
[blank]	13	15	0	8	10	45	62	153
[X]Eating Disorders, unspecified	0	0	0	0	0	1	0	1



## Eating Disorders in London – Health Committee

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[X]Other Eating Disorders	0	0	0	0	0	1	0	1
Anorexia nervosa	28	91	102	135	219	191	160	926
Atypical anorexia nervosa	4	1	3	23	99	89	68	287
Atypical bulimia nervosa	0	0	0	1	3	2	1	7
Atypical Eating Disorders	0	0	0	0	6	3	0	9
Binge Eating Disorders	0	2	0	6	2	0	0	10
Bulimia	0	4	17	14	7	6	0	48
Bulimia nervosa	12	9	7	9	12	19	15	83
Disordered Eating	0	1	1	2	7	35	49	95
Eating Disorders	221	313	524	550	671	1312	969	4560
Eating Disorders, unspecified	4	4	4	15	13	9	4	53
Other Eating Disorders	1	2	4	3	18	17	17	62
Other Specified Feeding or Eating Disorders	0	10	44	61	79	30	6	230
Overeating associated with other psychological disturbances	0	1	0	0	0	0	0	1
Vomiting associated with other psychological disturbances	0	0	0	1	0	0	0	1

## Royal Free London NHS Foundation Trust

*Information relating to children*

**The number of child (under 18) eating disorder referrals in the Trust for each financial year since 2016/17, broken down by:**

- Total number**
- Gender, including transgender if held**

	<b>Total number</b>	<b>Female</b>	<b>Male</b>	<b>Transgender</b>
<b>2016/17</b>	141	118	22	1

## Eating Disorders in London – Health Committee

February 2024

<b>2017/18</b>	165	137	28	
<b>2018/19</b>	182	162	19	1
<b>2019/2020</b>	195	171	24	
<b>2020/2021</b>	339	302	37	
<b>2021/2022</b>	472	413	57	2
<b>2022/2023</b>	357	320	37	

**Ethnicity – white, black, Asian, mixed or multiple ethnic groups, other ethnic group (2022/23 only)**

<b>Ethnicity</b>	<b>Number of patients</b>
White	98
Mixed	10
Asian	17
Black	7
Other	23
Unknown	202

## South London and Maudsley NHS Foundation Trust

*Information relating to adults*

**The number of adult eating disorder referrals in the Trust for each financial year since 2016/17, broken down by: a. Total number**

Please see the below table showing the total number adult eating disorder referrals from 2016 to 2022.

Data Caveats

- Please note that this information is available in calendar years.

<b>Years</b>	<b>Referrals</b>
2016	659
2017	774
2018	836
2019	851
2020	824
2021	1078
2022	975

Total number of referrals which started treatment

## Eating Disorders in London – Health Committee

February 2024

Please see the below table showing the number of adult eating disorder referrals which started treatment from 2016 to 2022.

### Data Caveats

- Please note that this information is available in calendar years.

Years	Total no. of referrals which started treatment
2016	386
2017	392
2018	419
2019	418
2020	368
2021	416
2022	281

### Total number of rejected referrals

Please see the below table showing the total number adult eating disorder referrals from 2016 to 2022 which were rejected.

### Data Caveats

- Please note that this information is available in calendar years

Years	Total no. of rejected referrals
2016	189
2017	280
2018	340
2019	398
2020	349
2021	475
2022	320

### d. Gender, including transgender if held

Please see the below table showing the total number of adult eating disorder referrals from 2016 to 2022 by gender.

### Data Caveats

- Please note that this information is available in calendar years.

Years	Total no. of referrals		
	Female	Male	Other
2016	591	65	3
2017	700	72	2
2018	769	75	3
2019	769	75	3
2020	735	83	6
2021	969	102	7
2022	869	93	13

### e. Age – 18-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70+

## Eating Disorders in London – Health Committee

February 2024

Please see the below table showing the total number of adult eating disorder referrals from 2016 to 2022 by age.

### Data Caveats

- Please note that this information is available in calendar years.
- Please note the information is provided in the age group categories recorded by the Trust.

Number of referrals by age group	Year						
	2016	2017	2018	2019	2020	2021	2022
18-25	249	307	339	320	327	418	396
26-30	148	174	180	222	208	252	214
31-35	77	93	108	124	106	163	147
36-40	54	65	81	83	30	85	65
41-45	40	28	39	61	58	49	41
46-50	35	34	35	45	26	43	38
51-55	23	36	25	34	18	18	24
56-60	9	15	18	19	14	25	24
61-65	11	9	9	10	10	13	14
66-70	2	3	4	4	1	5	2
70+	3	4	4	9	3	5	5

### Ethnicity – white, black, Asian, mixed or multiple ethnic groups, other ethnic group

Please see the below table showing the total number of adult eating disorder referrals from 2016 to 2022 by ethnicity.

Years	Total no. of referrals by ethnicity				
	White	Black	Asian	Mixed Ethnicity	Other
2016	527	14	8	13	81
2017	614	15	30	14	109
2018	654	17	9	16	142
2019	560	27	13	18	311
2020	437	30	29	37	221
2021	624	81	31	68	274
2022	561	63	37	69	245

### Data Caveats

- Please note that this information is available in calendar years.

### Diagnosis – anorexia nervosa, bulimia nervosa, binge eating disorder, other specified feeding or eating disorder (OSFED), avoidance/restrictive food intake disorder (ARFID)

Due to Trust reporting systems, we are unable to breakdown this information by diagnosis.

Waiting times for treatment for **adults** for each financial year since 2016/17, broken down by a. Average number of days

b. Number of adults waiting one week or less

c. Number of adults waiting more than one week and up to four weeks

d. Number of adults waiting between more than four weeks and up to 12 weeks

e. Number of adults waiting more than 12 weeks

## Eating Disorders in London – Health Committee

February 2024

f. Longest number of days a patient has waited

Please see the below table showing the waiting times for treatment for adults for eating disorders broken down by the above categories.

### Data Caveats

- Please note that this information is available in calendar years.

Year	Average Days Waiting for Treatment from Referral	No. waiting 1 week of less	No waiting 1-4 weeks	No waiting 4-12 weeks	No waiting over 12 weeks	Longest wait in days
2016	158	0	32	102	251	915
2017	170	3	32	83	275	626
2018	202	3	28	103	283	1355
2019	349	1	23	68	324	1325
2020	350	0	15	61	289	1122
2021	324	4	5	59	347	866
2022	198	2	12	60	203	547

### Information relating to children

**The number of child (under 18) eating disorder referrals in the Trust for each financial year since 2016/17, broken down by:**

#### a. Total number

Please see below a table which shows the breakdown of referrals received within the Maudsley Centre of Child and Adolescent Eating Disorders (MCCAED) by financial year. This is our community eating disorder team within South London and Maudsley (SLaM) CAMHS.

Year / Referral Count	Referrals Received - Eating Disorders
2016/17	303
2017/18	330
2018/19	354
2019/20	386
2020/21	682
2021/22	937
2022/23	830

## Eating Disorders in London – Health Committee

February 2024

Gender, including transgender if held

Please see below the gender breakdown to question 3a of those referrals received within the Maudsley Centre of Child and Adolescent Eating Disorders (MCCAED) by financial year within South London and Maudsley (SLaM) CAMHS.

Year / Gender Breakdown	Female	Male	Not Specified	Other
2016/17	256	46	0	1
2017/18	288	36	1	5
2018/19	304	48	0	2
2019/20	323	61	0	2
2020/21	569	103	1	9
2021/22	745	176	3	13
2022/23	616	190	3	21

## Ethnicity – white, black, Asian, mixed or multiple ethnic groups, other ethnic group

Please see the [below] which gives a breakdown of the referrals by ethnicity grouping within the Maudsley Centre of Child and Adolescent Eating Disorders (MCCAED) by financial year within South London and Maudsley (SLaM) CAMHS.

Ethnicity/Years	2016/17	2017/18	2018/19	2019/20	2020/21	2021/22	2022/23
Asian Other	8	5	7	1	7	18	13
Bangladeshi/British Bangladeshi	1	1	4	2	3	8	7
Black African	1	4	13	8	10	37	27
Black Caribbean	0	4	6	4	7	23	20
Black Other	10	13	15	17	12	16	17
Chinese	1	1	2	0	3	7	7
Indian/British Indian	2	3	3	6	5	5	12
Mixed Other	10	4	11	13	14	33	49
Not Known	1	6	24	61	141	103	143
Not Stated	1	3	3	11	120	152	20
Other Ethnic Groups	3	6	13	13	24	24	26
Pakistani/British Pakistani	0	3	1	2	7	4	8
White & Asian	0	4	4	5	14	19	16
White & Black African	3	2	1	3	6	10	9
White & Black Caribbean	6	1	3	12	6	18	29
White British	224	240	213	181	252	374	348
White Irish	2	2	2	2	3	7	4
White Other	30	28	29	45	48	79	75

**Eating Disorders in London – Health Committee**  
February 2024

**Diagnosis – anorexia nervosa, bulimia nervosa, binge eating disorder, other specified feeding or eating disorder (OSFED), avoidance/restrictive food intake disorder (ARFID)**

Please see the below breakdown of the referrals by diagnosis description withing the Maudsley Centre of Child and Adolescent Eating Disorders (MCCAED) by financial year within South London and Maudsley (SLaM) CAMHS.

Where the term “other” is used, this covers various other mental health diagnosis which covers autism, depressive and various other disorders.

Diagnosis /Year	ARFID	Bulimia nervosa	Anorexia nervosa	OSFED	Other	Not Stated	Grand Total
2016/17	53	14	94	37	103	2	303
2017/18	65	12	73	37	136	7	330
2018/19	73	22	104	42	112	1	354
2019/20	91	17	82	55	132	9	386
2020/21	249	13	128	58	145	89	682
2021/22	451	11	133	48	216	78	937
2022/23	451	12	105	34	191	37	830
Grand Total	1433	101	719	311	1035	223	3822

## Eating Disorders in London – Health Committee

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### South West London and St George's Mental Health NHS Trust

#### Information relating to adults

The number of adult eating disorder referrals in the Trust for each financial year since 2016/17 broken down by:

Total number

Financial Year	Client Type	Total Referrals
2016/2017	Adult	353
2017/2018	Adult	369
2018/2019	Adult	514
2019/2020	Adult	451
2020/2021	Adult	426
2021/2022	Adult	485
2022/2023	Adult	514

Gender, including transgender if held

Financial Year	Client Type	Gender	
2016/2017	Adult	Female	330
2016/2017	Adult	Male	23
2017/2018	Adult	Female	349
2017/2018	Adult	Male	20
2018/2019	Adult	Female	478
2018/2019	Adult	Male	36
2019/2020	Adult	Female	432
2019/2020	Adult	Male	19
2020/2021	Adult	Female	401
2020/2021	Adult	Male	25
2021/2022	Adult	Female	456
2021/2022	Adult	Male	29
2022/2023	Adult	Female	468
2022/2023	Adult	Male	46

Age – 18-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70+

Note: it is possible we have under 18 clients on an adult service

Financial Year	Client Type	Age	Age Count
2016/2017	Adult	<18	12
2016/2017	Adult	18-19	33
2016/2017	Adult	20-24	103
2016/2017	Adult	25-29	72
2016/2017	Adult	30-34	40
2016/2017	Adult	35-39	32
2016/2017	Adult	40-44	17
2016/2017	Adult	45-49	17
2016/2017	Adult	50-54	12



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2016/2017	Adult	55-59	6
2016/2017	Adult	60-64	6
2016/2017	Adult	65-69	2
2016/2017	Adult	70 and over	1
2017/2018	Adult	<18	4
2017/2018	Adult	18-19	48
2017/2018	Adult	20-24	105
2017/2018	Adult	25-29	71
2017/2018	Adult	30-34	43
2017/2018	Adult	35-39	25
2017/2018	Adult	40-44	20
2017/2018	Adult	45-49	22
2017/2018	Adult	50-54	13
2017/2018	Adult	55-59	9
2017/2018	Adult	60-64	5
2017/2018	Adult	65-69	2
2017/2018	Adult	70 and over	2
2018/2019	Adult	<18	16
2018/2019	Adult	18-19	54
2018/2019	Adult	20-24	122
2018/2019	Adult	25-29	106
2018/2019	Adult	30-34	63
2018/2019	Adult	35-39	47
2018/2019	Adult	40-44	41
2018/2019	Adult	45-49	23
2018/2019	Adult	50-54	22
2018/2019	Adult	55-59	7
2018/2019	Adult	60-64	9
2018/2019	Adult	65-69	2
2018/2019	Adult	70 and over	2
2019/2020	Adult	<18	7
2019/2020	Adult	18-19	67
2019/2020	Adult	20-24	126
2019/2020	Adult	25-29	107
2019/2020	Adult	30-34	49
2019/2020	Adult	35-39	29
2019/2020	Adult	40-44	20
2019/2020	Adult	45-49	17
2019/2020	Adult	50-54	14
2019/2020	Adult	55-59	9
2019/2020	Adult	60-64	3
2019/2020	Adult	70 and over	3
2020/2021	Adult	<18	1
2020/2021	Adult	18-19	82

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2020/2021	Adult	20-24	120
2020/2021	Adult	25-29	83
2020/2021	Adult	30-34	56
2020/2021	Adult	35-39	30
2020/2021	Adult	40-44	17
2020/2021	Adult	45-49	16
2020/2021	Adult	50-54	5
2020/2021	Adult	55-59	8
2020/2021	Adult	60-64	5
2020/2021	Adult	65-69	3
2021/2022	Adult	<18	12
2021/2022	Adult	18-19	93
2021/2022	Adult	20-24	133
2021/2022	Adult	25-29	84
2021/2022	Adult	30-34	43
2021/2022	Adult	35-39	27
2021/2022	Adult	40-44	30
2021/2022	Adult	45-49	24
2021/2022	Adult	50-54	12
2021/2022	Adult	55-59	12
2021/2022	Adult	60-64	10
2021/2022	Adult	65-69	4
2021/2022	Adult	70 and over	1
2022/2023	Adult	<18	6
2022/2023	Adult	18-19	90
2022/2023	Adult	20-24	133
2022/2023	Adult	25-29	86
2022/2023	Adult	30-34	58
2022/2023	Adult	35-39	28
2022/2023	Adult	40-44	30
2022/2023	Adult	45-49	29
2022/2023	Adult	50-54	22
2022/2023	Adult	55-59	10
2022/2023	Adult	60-64	12
2022/2023	Adult	65-69	6
2022/2023	Adult	70 and over	4

Ethnicity – white, black, Asian, mixed or multiple ethnic groups, other ethnic group

Financial Year	Client Type	Ethnicity	
2016/2017	Adult	Asian or Asian British	16
2016/2017	Adult	Black or Black British	12
2016/2017	Adult	Mixed	14

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2016/2017	Adult	Not Known	42
2016/2017	Adult	Other	19
2016/2017	Adult	White	250
2017/2018	Adult	Asian or Asian British	13
2017/2018	Adult	Black or Black British	8
2017/2018	Adult	Mixed	11
2017/2018	Adult	Not Known	44
2017/2018	Adult	Other	15
2017/2018	Adult	White	278
2018/2019	Adult	Asian or Asian British	21
2018/2019	Adult	Black or Black British	15
2018/2019	Adult	Mixed	18
2018/2019	Adult	Not Known	46
2018/2019	Adult	Other	46
2018/2019	Adult	White	368
2019/2020	Adult	Asian or Asian British	20
2019/2020	Adult	Black or Black British	18
2019/2020	Adult	Mixed	26
2019/2020	Adult	Not Known	62
2019/2020	Adult	Other	25
2019/2020	Adult	White	300
2020/2021	Adult	Asian or Asian British	23
2020/2021	Adult	Black or Black British	11
2020/2021	Adult	Mixed	24
2020/2021	Adult	Not Known	72
2020/2021	Adult	Other	16
2020/2021	Adult	White	280
2021/2022	Adult	Asian or Asian British	23
2021/2022	Adult	Black or Black British	12
2021/2022	Adult	Mixed	17
2021/2022	Adult	Not Known	94
2021/2022	Adult	Other	22
2021/2022	Adult	White	317
2022/2023	Adult	Asian or Asian British	29
2022/2023	Adult	Black or Black British	16
2022/2023	Adult	Mixed	26
2022/2023	Adult	Not Known	125
2022/2023	Adult	Other	22

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2022/2023	Adult	White	296
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Diagnosis – anorexia nervosa, bulimia nervosa, binge eating disorder, other specified feeding or eating disorder (OSFED), avoidance/restrictive food intake disorder (ARFID)

Note: Not all clients may have a primary diagnosis which is listed in the F50 ICD-10 code. For more information on F50 codes, please see here:

<https://icd.who.int/browse10/2016/en#/F50>

Financial Year	Client Type	Diagnosis	Count
2016/2017	Adult	F500 - Anorexia nervosa	82
2016/2017	Adult	F501 - Atypical anorexia nervosa	18
2016/2017	Adult	F502 - Bulimia nervosa	36
2016/2017	Adult	F503 - Atypical bulimia nervosa	4
2016/2017	Adult	F508 - Other eating disorders	8
2016/2017	Adult	F509 - Eating disorder, unspecified	8
2017/2018	Adult	F500 - Anorexia nervosa	61
2017/2018	Adult	F501 - Atypical anorexia nervosa	25
2017/2018	Adult	F502 - Bulimia nervosa	31
2017/2018	Adult	F503 - Atypical bulimia nervosa	9
2017/2018	Adult	F508 - Other eating disorders	11
2017/2018	Adult	F509 - Eating disorder, unspecified	4
2018/2019	Adult	F500 - Anorexia nervosa	87
2018/2019	Adult	F501 - Atypical anorexia nervosa	36
2018/2019	Adult	F502 - Bulimia nervosa	53
2018/2019	Adult	F503 - Atypical bulimia nervosa	9
2018/2019	Adult	F508 - Other eating disorders	23
2018/2019	Adult	F509 - Eating disorder, unspecified	9
2019/2020	Adult	F500 - Anorexia nervosa	99
2019/2020	Adult	F501 - Atypical anorexia nervosa	30
2019/2020	Adult	F502 - Bulimia nervosa	60
2019/2020	Adult	F503 - Atypical bulimia nervosa	4
2019/2020	Adult	F505 - Vomiting associated with other psychological disturbances	1
2019/2020	Adult	F508 - Other eating disorders	20
2019/2020	Adult	F509 - Eating disorder, unspecified	13
2020/2021	Adult	F500 - Anorexia nervosa	93
2020/2021	Adult	F501 - Atypical anorexia nervosa	26
2020/2021	Adult	F502 - Bulimia nervosa	41
2020/2021	Adult	F503 - Atypical bulimia nervosa	6
2020/2021	Adult	F504 - Overeating associated with other psychological disturbances	1
2020/2021	Adult	F508 - Other eating disorders	13
2020/2021	Adult	F509 - Eating disorder, unspecified	15
2021/2022	Adult	F500 - Anorexia nervosa	123
2021/2022	Adult	F501 - Atypical anorexia nervosa	14
2021/2022	Adult	F502 - Bulimia nervosa	45

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2021/2022	Adult	F503 - Atypical bulimia nervosa	2
2021/2022	Adult	F508 - Other eating disorders	20
2021/2022	Adult	F509 - Eating disorder, unspecified	16
2022/2023	Adult	F500 - Anorexia nervosa	95
2022/2023	Adult	F501 - Atypical anorexia nervosa	22
2022/2023	Adult	F502 - Bulimia nervosa	26
2022/2023	Adult	F503 - Atypical bulimia nervosa	2
2022/2023	Adult	F504 - Overeating associated with other psychological disturbances	3
2022/2023	Adult	F508 - Other eating disorders	20
2022/2023	Adult	F509 - Eating disorder, unspecified	13

### Total number of referrals which started treatment

Financial Year	Count
2016/2017	423
2017/2018	357
2018/2019	530
2019/2020	447
2020/2021	394
2021/2022	461
2022/2023	378

### Total number of rejected referrals

*We do not collate this information*

Waiting times for treatment for adults for each financial year since 2016/17, broken down by

Average number of days

Note: we do not record the number of days waiting as part of our submitted data, therefore we multiplied the weeks wait by 7.

Financial Year	Average No Of Days	Average No Of Weeks
2016/2017	45	6
2017/2018	51	7
2018/2019	55	7
2019/2020	59	8
2020/2021	48	6
2021/2022	53	7
2022/2023	69	9

Waiting bands: one week or less, more than one week and up to four weeks, more than four weeks and up to 12 weeks and more than 12 weeks

Note: we do not record the number of days waiting as part of our submitted data, therefore we multiplied the weeks wait by 7.

## Eating Disorders in London – Health Committee

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Financial Year	Waiting weeks	Count
2016/2017	1 week or less	87
2016/2017	1+ week, up to 4 weeks	98
2016/2017	4+ weeks, up to 12 weeks	171
2016/2017	more than 12 weeks	67
2017/2018	1 week or less	66
2017/2018	1+ week, up to 4 weeks	64
2017/2018	4+ weeks, up to 12 weeks	156
2017/2018	more than 12 weeks	71
2018/2019	1 week or less	106
2018/2019	1+ week, up to 4 weeks	81
2018/2019	4+ weeks, up to 12 weeks	218
2018/2019	more than 12 weeks	125
2019/2020	1 week or less	84
2019/2020	1+ week, up to 4 weeks	68
2019/2020	4+ weeks, up to 12 weeks	145
2019/2020	more than 12 weeks	150
2020/2021	1 week or less	104
2020/2021	1+ week, up to 4 weeks	67
2020/2021	4+ weeks, up to 12 weeks	144
2020/2021	more than 12 weeks	79
2021/2022	1 week or less	155
2021/2022	1+ week, up to 4 weeks	85
2021/2022	4+ weeks, up to 12 weeks	68
2021/2022	more than 12 weeks	153
2022/2023	1 week or less	109
2022/2023	1+ week, up to 4 weeks	75
2022/2023	4+ weeks, up to 12 weeks	69
2022/2023	more than 12 weeks	125

Longest number of days a patient has waited

Note: we do not record the number of days waiting as part of our submitted data, therefore we multiplied the weeks wait by 7. I've included the avg number of weeks if we would prefer to submit this instead

Additional note from the board report: The Adult Eating Disorder service is currently seeing extended wait time in the 2022/23 period in comparison to previous financial years. This is primarily due to a waitlist for a CBT group, which has arisen due to a smaller number of suitable patients at present and some limitations in team's capacity being unable to offer 1:1 CBT sessions.

## Eating Disorders in London – Health Committee

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Financial Year	Max No Of Days	Max No Of Weeks
2016/2017	252	36
2017/2018	168	24
2018/2019	147	21
2019/2020	182	26
2020/2021	147	21
2021/2022	196	28
2022/2023	315	45

### *Information relating to children*

The number of child (under 18) eating disorder referrals in the Trust for each financial year since 2016/17

Total number:

Financial Year	Client Type	Total Referrals
2016/2017	Child	281
2017/2018	Child	287
2018/2019	Child	279
2019/2020	Child	249
2020/2021	Child	368
2021/2022	Child	415
2022/2023	Child	361

Gender, including transgender if held

Financial Year	Client Type	Gender	Count
2016/2017	Child	Female	241
2016/2017	Child	Male	33
2016/2017	Child	Not Specified	7
2017/2018	Child	Female	255
2017/2018	Child	Male	31
2017/2018	Child	Not Specified	1
2018/2019	Child	Female	252
2018/2019	Child	Male	27
2019/2020	Child	Female	213
2019/2020	Child	Male	34
2019/2020	Child	Not Specified	2
2020/2021	Child	Female	334
2020/2021	Child	Male	34
2021/2022	Child	Female	377
2021/2022	Child	Male	37
2021/2022	Child	Non-binary	1
2022/2023	Child	Female	331
2022/2023	Child	Male	30

**Eating Disorders in London – Health Committee**  
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Ethnicity – white, black, Asian, mixed or multiple ethnic groups, other ethnic group

<b>Financial Year</b>	<b>Client Type</b>	<b>Ethnicity</b>	<b>Count</b>
2016/2017	Child	Asian or Asian British	13
2016/2017	Child	Black or Black British	5
2016/2017	Child	Mixed	3
2016/2017	Child	Not Known	88
2016/2017	Child	Other	8
2016/2017	Child	White	164
2017/2018	Child	Asian or Asian British	8
2017/2018	Child	Black or Black British	5
2017/2018	Child	Mixed	6
2017/2018	Child	Not Known	86
2017/2018	Child	Other	6
2017/2018	Child	White	176
2018/2019	Child	Asian or Asian British	11
2018/2019	Child	Black or Black British	7
2018/2019	Child	Mixed	8
2018/2019	Child	Not Known	76
2018/2019	Child	Other	4
2018/2019	Child	White	173
2019/2020	Child	Asian or Asian British	17
2019/2020	Child	Black or Black British	1
2019/2020	Child	Mixed	8
2019/2020	Child	Not Known	89
2019/2020	Child	White	134
2020/2021	Child	Asian or Asian British	6
2020/2021	Child	Black or Black British	7
2020/2021	Child	Mixed	7
2020/2021	Child	Not Known	183
2020/2021	Child	Other	3
2020/2021	Child	White	162
2021/2022	Child	Asian or Asian British	12
2021/2022	Child	Black or Black British	3
2021/2022	Child	Mixed	10
2021/2022	Child	Not Known	219



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2021/2022	Child	Other	1
2021/2022	Child	White	170
2022/2023	Child	Asian or Asian British	9
2022/2023	Child	Black or Black British	9
2022/2023	Child	Mixed	6
2022/2023	Child	Not Known	209
2022/2023	Child	White	128

Diagnosis – anorexia nervosa, bulimia nervosa, binge eating disorder, other specified feeding or eating disorder (OSFED), avoidance/restrictive food intake disorder (ARFID)

Note: Not all clients may have a primary diagnosis which is listed in the F50 ICD-10 code. For more information on F50 codes, please see here:

<https://icd.who.int/browse10/2016/en#/F50>

Financial Year	Client Type	Diagnosis	Count
2016/2017	Child	F50.0 - Anorexia nervosa	6
2016/2017	Child	F50.2 - Bulimia nervosa	2
2016/2017	Child	F50.8 - Eating Disorder	12
2016/2017	Child	F50.9 - Eating disorder, unspecified	2
2016/2017	Child	F50.9 - Eating disorders, unspecified	1
2016/2017	Child	F500 - Anorexia nervosa	1
2017/2018	Child	F50.0 - Anorexia nervosa	10
2017/2018	Child	F50.8 - Eating Disorder	10
2017/2018	Child	F50.9 - Eating disorders, unspecified	1
2018/2019	Child	F50.0 - Anorexia nervosa	11
2018/2019	Child	F50.2 - Bulimia nervosa	1
2018/2019	Child	F50.8 - Eating Disorder	9
2018/2019	Child	F50.9 - Eating disorder, unspecified	1
2018/2019	Child	F50.9 - Eating disorders, unspecified	1
2019/2020	Child	F50.0 - Anorexia nervosa	9
2019/2020	Child	F50.2 - Bulimia nervosa	1
2019/2020	Child	F50.9 - Eating disorder, unspecified	4
2020/2021	Child	F50 - Eating disorders	1
2020/2021	Child	F50.0 - Anorexia nervosa	11
2020/2021	Child	F50.2 - Bulimia nervosa	1
2020/2021	Child	F50.9 - Eating disorder, unspecified	2
2021/2022	Child	F50 - Eating disorders	2
2021/2022	Child	F50.0 - Anorexia nervosa	7
2021/2022	Child	F50.8 - Eating Disorder	1
2021/2022	Child	F50.9 - Eating disorder, unspecified	3
2022/2023	Child	F50.0 - Anorexia nervosa	2
2022/2023	Child	F50.9 - Eating disorder, unspecified	2

## Eating Disorders in London – Health Committee

February 2024

### West London NHS Trust

#### *Information relating to adults*

The number of adult eating disorder referrals in the Trust for each financial year since 2016/17, broken down by:

Total number

<b>FY</b>	<b>Total count of referrals</b>
2016/2017	208
2017/2018	181
2018/2019	223
2019/2020	246
2020/2021	326
2021/2022	293
2022/2023	268

Total number of referrals which started treatment

<b>FY</b>	<b>Total number</b>
2016/2017	56
2017/2018	89
2018/2019	101
2019/2020	111
2020/2021	151
2021/2022	146
2022/2023	116

Total number of rejected referrals

Please note the above figures include duplicate referral requests and referrals with incomplete information. The service routinely reopens the referral when prerequisite information is received.

<b>FY</b>	<b>Total number</b>
2016/2017	19
2017/2018	20
2018/2019	74
2019/2020	87
2020/2021	97
2021/2022	91
2022/2023	95

Gender, including transgender if held

<b>FY</b>	<b>Female</b>	<b>Male</b>	<b>Not Known</b>
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## Eating Disorders in London – Health Committee

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2016/2017	190	18	
2017/2018	163	18	
2018/2019	201	22	
2019/2020	218	27	*
2020/2021	296	30	
2021/2022	264	29	
2022/2023	240	28	

\*As the response to this is less than five, the Trust's position is that disclosure of this information could potentially identify the individuals involved, especially if combined with other data, and this would constitute a breach of Data Protection Legislation. Therefore, this information is exempt from disclosure under section 40(2) of the Freedom of Information Act 2000 on the grounds that it is personal information.

Age – 18-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70+

Age	2016/2017	2017/2018	2018/2019	2019/2020	2020/2021	2021/2022	2022/2023
17-18	5	*		6	*	7	6
18-19	26	15	22	24	36	44	37
20-24	47	50	48	68	93	75	59
25-29	40	38	48	51	61	58	51
30-34	31	13	42	25	46	30	30
35-39	15	13	17	24	27	17	26
40-44	12	22	13	19	21	20	19
45-49	12	8	12	12	16	22	20
50-54	7	6	13	7	7	8	7
55-59	*	*	*	*	*	6	5
60-64	*	*	*	*	*	*	*
65-69	*	*		*	*	*	*
70+	*	*	*	*	6	*	5

\*As the response to this is less than five, the Trust's position is that disclosure of this information could potentially identify the individuals involved, especially if combined with other data, and this would constitute a breach of Data Protection Legislation. Therefore, this information is exempt from disclosure under section 40(2) of the Freedom of Information Act 2000 on the grounds that it is personal information.

Ethnicity – white, black, Asian, mixed or multiple ethnic groups, other ethnic group

Ethnicity	2016/2017	2017/2018	2018/2019	2019/2020	2020/2021	2021/2022	2022/2023
African	*		*	8	8	*	*

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Any other Asian background	5	10	7	6	8	13	19
Any other Black background	11	*	*	*	*	*	*
Any other ethnic group	16	15	16	25	37	44	35
Any other mixed background	10	5	*	*	14	16	14
Any other White background	49	41	48	66	95	54	50
Bangladeshi	*	*	*	*	*	*	*
British	75	61	97	85	85	87	84
Caribbean	*	*	5	*	*	*	5
Chinese	*	*				*	
Indian	10	13	12	10	20	26	16
Irish	7	6	*	8	23	*	6
Not known	5	15	*	9	*	8	14
Not stated	*		*	*	*	*	*
Pakistani	10	5	11	6	14	14	*
White and Asian	*	*	7	6	6	5	5
White and Black African			*	*		*	
White and Black Caribbean	*	*	*	*	*	*	*

\*As the response to this is less than five, the Trust's position is that disclosure of this information could potentially identify the individuals involved, especially if combined with other data, and this would constitute a breach of Data Protection Legislation. Therefore, this information is exempt from disclosure under section 40(2) of the Freedom of Information Act 2000 on the grounds that it is personal information.

## Eating Disorders in London – Health Committee

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Diagnosis – anorexia nervosa, bulimia nervosa, binge eating disorder, other specified feeding or eating disorder (OSFED), avoidance/restrictive food intake disorder (ARFID)

ED Diagnosis	2016/17	2017/18	2018/19	2019/20	2020/21	2021/22	2022/23
F500 - Anorexia nervosa	6	7	11	9	17	9	5
F501 - Atypical anorexia nervosa	*	12	15	12	5	7	*
F502 - Bulimia nervosa	15	14	29	31	32	29	8
F503 - Atypical bulimia nervosa	6	*	6	10	5	*	*
F504 - Overeating associated with other psychological disturbances	0	0	0	0	*	*	0
F505 - Vomiting associated with other psychological disturbances	0	0	0	0	0	*	0
F508 - Other eating disorders	*	19	19	20	12	34	*
F509 - Eating disorder, unspecified	7	14	18	30	12	12	7
Z724 - Inappropriate diet and eating habits	0	0	0	0	0	*	0

\*As the response to this is less than five, the Trust's position is that disclosure of this information could potentially identify the individuals involved, especially if combined with other data, and this would constitute a breach of Data Protection Legislation. Therefore, this information is exempt from disclosure under section 40(2) of the Freedom of Information Act 2000 on the grounds that it is personal information.

b. Waiting times for treatment for adults for each financial year since 2016/17, broken down by

Average number of days

FY	Average number of days
2016/2017	90
2017/2018	120
2018/2019	121
2019/2020	63

## Eating Disorders in London – Health Committee

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2020/2021	56
2021/2022	88
2022/2023	90

Waiting times of

<b>FY</b>	<b>1 Week or less</b>	<b>More than 1 week and Up to 4 Weeks</b>	<b>More than 4 weeks and up to 12 Weeks</b>	<b>More than 12 Weeks</b>
2016/2017		5	26	25
2017/2018	*	*	39	46
2018/2019		10	31	60
2019/2020		*	91	17
2020/2021	*	42	81	25
2021/2022	*	8	72	65
2022/2023	*	8	49	58

\*As the response to this is less than five, the Trust's position is that disclosure of this information could potentially identify the individuals involved, especially if combined with other data, and this would constitute a breach of Data Protection Legislation. Therefore, this information is exempt from disclosure under section 40(2) of the Freedom of Information Act 2000 on the grounds that it is personal information.

Longest number of days a patient has waited

<b>FY</b>	<b>Longest number of days</b>
2016/2017	245
2017/2018	296
2018/2019	335
2019/2020	169
2020/2021	281
2021/2022	249
2022/2023	365

### *Information relating to children*

The number of child (under 18) eating disorder referrals in the Trust for each financial year since 2016/17, broken down by:

Total number

<b>FY</b>	<b>Total count of referrals</b>
2016/2017	122

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2017/2018	134
2018/2019	99
2019/2020	114
2020/2021	173
2021/2022	259
2022/2023	166

Gender, including transgender if held

<b>FY</b>	<b>Female</b>	<b>Male</b>
2016/2017	104	18
2017/2018	108	26
2018/2019	80	19
2019/2020	96	18
2020/2021	152	21
2021/2022	228	31
2022/2023	146	20

Ethnicity – white, black, Asian, mixed or multiple ethnic groups, other ethnic group

<b>Ethnicity</b>	<b>2016/2017</b>	<b>2017/2018</b>	<b>2018/2019</b>	<b>2019/2020</b>	<b>2020/2021</b>	<b>2021/2022</b>	<b>2022/2023</b>
African	*	*	*	5		7	*
Any other Asian background	*	6	*	6	7	16	10
Any other Black background	*	*	*	7	7	5	*
Any other ethnic group	32	13	13	19	11	14	20
Any other mixed background	8	7	6	6	16	44	25
Any other White background	18	17	14	12	28	39	30
Bangladeshi		*	*	*	*	*	
British	31	46	34	34	66	73	39

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Caribbean	*	*		*	*	6	
Indian	*	11	12	8	14	22	14
Irish	*		*	*	*	7	*
Not known	13	7	8	*	5	5	*
Not stated	*	*			*	7	*
Pakistani	*	9	*	*	*	6	*
White and Asian	*	5		*	*	*	5
White and Black African		*	*	*	*	*	*
White and Black Caribbean	*	*		*	*	*	*

\*As the response to this is less than five, the Trust's position is that disclosure of this information could potentially identify the individuals involved, especially if combined with other data, and this would constitute a breach of Data Protection Legislation. Therefore, this information is exempt from disclosure under section 40(2) of the Freedom of Information Act 2000 on the grounds that it is personal information.