

Capital Clean-up 2015

Case Study



www.london.gov.uk/cleanup

This summer the Mayor of London supported over 70 enthusiastic Community Groups, Charities, Residents Associations and Schools (amongst others) who were committed to make the capital a cleaner, greener and more pleasant place to live, work and visit.

PROJECT	WINSFORD GARDENS	WOODLAND PATHWAY
GROUP	PENGE GREEN GYM COMMUNITY GROUP	
GRANT / KIT	GRANT, £953	

Green Gym built path through wooded section of a small park.

Penge Green Gym has been carrying out work in Winsford Gardens, a small park in the middle of Penge, for a number of years. Its volunteers come from a range of different backgrounds. Its work provides therapeutic benefits for those who are referred from medial and social services in the area.

The group built a 50 metre pathway from the entrance of the park through to a Bog Garden (installed as part of its Capital Clean-up last year). They removed overgrown vegetation and greenery from the route of the path, dug a trench, installed wooden sidings, put down weed liner and finished the path with gravel. Native berry bushes were then planted alongside.

Capital Clean-up assisted with the purchase of:

- Wood and Nails for the path edging;
- Sub-base, gravel and Weed liner for the path itself; and
- Plants for alongside the path.

Penge Green Gym plans to install an interpretation board for the path area. This will allow people to enjoy the path and its surroundings with greater awareness and knowledge.

Prior to Penge Green Gym's activities in Winsford Gardens, locals avoided the park because of litter and antisocial behaviour – now many residents go there everyday. The new path adds an extra dimension to this now beautiful space.

Brenda Little of the group has said:

"The additional pathway will improve visitors' enjoyment of the gardens – opening-up previously overgrown areas, and should reduce anti-social behaviour in this area of the park. Once established, the berry bushes will attract more insects/birds to the area, and existing insect habitats will be soon be supplemented with more insect hotels."

No of Volunteers	160
No of events	20
Volunteer hours contributed	480
Green Waste Removed	4 trailer loads
Area	70m2

Before



After



For more about Penge Green Gym, please see:

- www.pengegreengym.org.uk/
- [@GreenGymPenge](https://www.facebook.com/PengeGreenGym)
- www.facebook.com/PengeGreenGym
- <http://www.projectdirt.com/person/11803/penge-green-gym>

Capital Clean-up is a partnership campaign led by the Mayor to help Londoners work together to spruce up their city. It is supported by McDonald's and is part of the Mayor's wider Team London volunteering programme.